MIDLAND TRACK AND FIELD LEAGUE, LEAGUE RECORDS

WOMEN

Event	Name	Club	Perform	Date
100	Bernice Wilson	Birchfield Harriers	11.70	03/07/2011
200	Ashleigh Nelson	City of Stoke	23.80	03/05/2008
400	Ashleigh Nelson	City of Stoke	52.90	04/06/2017
800	Rowena Cole	Coventry Godiva H	2:04.60	04/08/2012
1500	Emma Jackson	City of Stoke	4:13.90	10/08/2013
3000	Katie Holt	City of Stoke AC	9:04.82	05/06/2022
5000	Sarah Everitt	Bristol & West	17:31.76	13/08/2022
2000SC	Kiya Dee Y	Chelt	7:24.70	22/05/2022
3000SC	Kiya Dee Y	Chelt	10:47.40	05/06/2022
100H	Sophie Yorke	Cheltenham & County H	13.6	06/05/2017
400H	Aneta Jacobzak	Bristol & West	59.3	04/08/2012
HJ	Bethan Partridge	Birchfield Harriers	1.80	03/07/2016
PV	Lucy Bryan	Bristol & West	4.00	03/07/2016
LJ	Cleo Martin-Evans	Daventry	6.26	19/08/2023
TJ	Sinead Gutzmore	Birchfield Harriers	13.09	06/06/2010
SP	Eden Francis	Birchfield Harriers	16.45	01/07/2012
DT	Eden Francis	Leicester Coritanian	54.88	04/06/2017
HT	Zoe Derham	Birchfield Harriers	68.00	07/06/2009
JT	Sarah Ann De Kremer	Leamington C&AC	46.51	18/08/2024
4x100		Birchfield Harriers	47.40	08/05/2016
4x400		Birchfield Harriers	3:49.40	03/08/2008
4x400Mx		Notts AC	3:32.27	09/07/2023

MIDLAND TRACK AND FIELD LEAGUE, LEAGUE RECORDS

MEN

Event	Name	Club	Perform	Date
100	Scott Bajere, Kyle Ennis, Elliott Powell	Bristol & West, Banbury Harriers, Leicester Coritanian	10.50	04/06/2011, 06/07/2014, 08/05/2016
200	Kyle Ennis, Elliott Powell	Banbury Harriers, Leicester Coritanian	21.20	06/07/2014, 25/04/2015
400	Isaac Cory	Yate & District AC	46.51	19/08/2023
800	Richard Hill	Notts AC	1.50.2	01/05/2010
1500	Tom Russell	Bristol & West AC	3:51.00	01/08/2010
3000	Chris Davies	Telford AC	8:18.70	03/08/2008
5000	Adrian Holliday	Tipton Harriers	14:45.90	05/05/2012
2000SC	Daniel Owen	Cheltenham & County	5:49.10	08/07/2018
3000SC	Ian Rawlinson	Tipton Harriers	9:15.00	14/08/2011
110H	Jake Porter	Birchfield Harriers	14.09	03/07/2016
400H	Josh Faulds	Rugby & Northampton	50.93	30/08/2026
HJ	Mike Edwards	Birchfield Harriers	2.23	03/07/2016
PV	Nick Cruchley	Halesowen (when in Div 3)	5.00	04/07/2009
LJ	Jamie Blundell	Coventry Godiva	7.41	05/07/2008
TJ	Ben Williams	City of Stoke	15.63	03/07/2010
SP	Ryan Spencer-Jones	Birchfield Harriers	17.56	05/05/2012
DT	Perris Wilkins	Banbury Harriers	54.72	03/08/2008
HT	**Craig Murch**	**Birchfield Harriers**	**71.81**	**07/09/2024**
JT	Neil Crossley	Cheltenham & County H	70.31	04/05/2014
4x100		Birchfield Harriers	41.96	06/05/2018
4x400		Notts AC	3:13.90	10/08/2013

Midland Track & Field League Divisional Records

Division 1

Women

Event	Name	Club	Perform	Date
100	Bernice Wilson	Birchfield Harriers	11.70	03/07/2011
200	Ashleigh Nelson	City of Stoke	23.80	03/05/2008
400	Melinda Cooksey	Birchfield Harriers	55.10	01/05/2010
800	Emma Jackson	City of Stoke	2:05.5	07/06/2008
1500	Emma Jackson	City of Stoke	04:13.9	10/08/2013
3000	Kate Goodhead	Bristol & West AC	9:32.1	04/07/2009
5000	Megan Stenhouse	Rugby & Northampton	18:11.0	22/05/2022
2000SC	Rosie Challender	Notts AC	8:01.37	22/05/2022
3000SC	Katrina Entwistle	Bristol & West AC	12:06.97	13/08/2022
100H	Gemma Werrett Katie Stainton	Birchfield Harriers Birchfield Harriers	14.10 14.10	04/05/14 08/05/16
400H	Aneta Jacobczak	Bristol & West	59.30	04/08/2012
HJ	Bethan Partridge	Birchfield Harriers	1.80	03/07/2016
PV	Lucy Bryan	Bristol & West/ Yate	4.00	03/07/2016
LJ	Chelsea Cooper	City of Stoke	6.14	10/08/2008
TJ	Sineade Gutzmore	Birchfield Harriers	13.09	06/06/2010
SP	Eden Francis	Birchfield Harriers	16.45	01/07/2012
DT	Eden Francis	Birchfield Harriers	54.14	07/06/2009
HT	Zoe Derham	Birchfield Harriers	68.00	07/06/2009
JT	Amber Burdett	Charnwood AC	45.73	03/07/2010
4x100		Birchfield Harriers	47.40	08/05/2016
4x400		Birchfield Harriers	3:49.6	25/04/2015
4x400Mx		Notts AC	3:32.27	09/07/2023

Midland Track & Field League Divisional Records

Division 1

Men

Event	Name	Club	Perform	Date
100m	Scott Bajere	Bristol & West	10.50	04/06/2011
200m	David Lima	Birmingham Running &	21.34	04/05/2014
400m	Michael Warner	Notts AC	46.94	10/08/2013
800m	Richard Hill	Notts AC	1.50.2	01/05/2010
1500m	Tom Russell	Bristol & West	3:51.0	01/08/2010
3000m	Alistair Watson	Notts AC	8:30.2	02/08/2014
5000m	Matt O'Dowd	Notts AC	14:48.1	03/07/2011
2k S/C	Daniel Owen	Cheltenham	5:49.1	08/07/2018
3k S/C	Milan Campion	Notts AC	9:20.27	15/06/2024
110H	Jake Porter	Birchfield Harriers	14.09	03/07/2016
400H	Josh Faulds	Rugby & Northampton	50.93	30/08/2026
HJ	Mike Edwards	Birchfield Harriers	2.23	03/07/2016
PV	Joel Benitez	Notts AC	4.70	02/08/14
	Jacob Clarke	Notts AC	4.70	08/07/18
	Joel Leon Benitez	Notts AC	4.70	05/08/18
LJ	Jamie Blundell	Coventry Godiva H	7.41	05/07/2008
TJ	Ben Williams	City of Stoke	15.63	03/07/2010
SP	Ryan Spencer-Jones	Birchfield Harriers	17.56	05/05/2012
DT	Adam Damadzic	Birchfield Harriers	50.86	27/05/2012
HT	Craig Murch	Birchfield Harriers	68.31	13/08/2022
JT	Glyn Hollingworth	Coventry Godiva	67.98	05/07/2008
4x100		Birchfield Harriers	41.96	06/05/2018
4x400		Notts AC	3:13.2	10/08/2013

Midland Track & Field League Divisional Records

Division 2

Women

Event	Name	Club	Perform	Date
100	Sinead Johnson	Telford AC	11.90	05/07/2008
200	Yasmin Liverpool	Coventry Godiva	24.30	04/08/2019
400	Ashleigh Nelson	City of Stoke	52.90	04/06/2017
800	Rowena Cole	Coventry Godiva H	2:04.6	04/08/2012
1500	Emma Jackson	City of Stoke	4:13.9	07/07/2013
3000	Katie Holt	City of Stoke AC	9:04.82	05/06/2022
5000	Emma Taylor	Stoke	17:19.90	22/05/2022
2000SC	Aria Aberley-Barker X	City of Stoke AC	8:02.90	17/07/2022
3000SC	Emma Clarke	Bristol & West	12:30.5	07/09/2024
100H	Sophie Yorke	Cheltenham & County H	13.60	06/05/2017
400H	Louise Robinson	Birchfield Harriers	60.91	18/08/2024
HJ	Mollie Courtney	Cheltenham & County H	1.76	04/06/2017
PV	Jenny Robbins	Notts AC	3.70	08/05/2016
LJ	Aimee Palmer	Birchfield Harriers	5.84	03/05/2008
TJ	Katie Rowe	Notts AC	11.72	08/05/2016
SP	Emily Campbell	Notts AC	13.75	03/07/2016
DT	Emma Merry	Rugby & Northampton	43.23	01/05/2010
HT	Christina Jones	Bristol & West	63.98	25/04/2015
JT	Sarah Ann De Kremer	Leamington C&AC	46.51	18/08/2024
4x100		Cheltenham & County A	47.90	08/05/2016
4x400		Birchfield Harriers	3:49.4	03/08/2008
4x400Mx		Yate & District AC	3:39.77	20/05/2023

Midland Track & Field League Divisional Records

Division 2

Men

Event	Name	Club	Perform	Date
100m	David Lima	BRAT	10.60	06/06/2015
200m	Kyle Ennis	R & N	21.13	16/06/2019
400m	Isaac Cory	Yate & District AC	46.51	19/08/2023
800m	Richard Peters	Bristol & West	1:51.9	03/08/2008
1500m	Tim Dalton	Severn/Gloucester	3:51.6	03/07/2010
3000m	Chris Davies	Telford AC	8:18.7	03/08/2008
5000m	Phil Beastall	Cheltenham & County H	14:51.7	15/07/2017
2k S/C	Daniel Owen	Cheltenham & County A	5:52.9	06/07/2014
3k S/C	Alexander Stewart	Bristol & West	9:26.64	14/07/2024
110H	Edward Dunford, Dominic Bradley	Birchfield Harriers, Birchfield Harriers	14.7	03/05/2008, 03/08/2008
400H	Seamus Derbyshire	City of Stoke AC	51.90	06/05/2018
HJ	Adam Brooks	Yate & District AC	2.16	18/06/2023
PV	Nick Cruchley	Halesowen A & CC	4.90	07/06/2008
LJ	Jamie Blundell	Coventry Godiva H	7.36	01/05/2010
TJ	Mike McKernan	Birchfield Harriers	15.02	03/05/2008
SP	Gareth Winter	Gloucester/Severn	16.40	18/05/2013
DT	James Tomlinson	Birchfield Harriers	53.74	18/08/2024
HT	Craig Murch	Birchfield Harriers	71.81	07/09/2024
JT	Neil Crossley	Cheltenham & County A	70.31	04/05/2014
4x100		Birchfield Harriers	42.50	03/05/2008
4x400		Bristol & West/Yate	3:22.1	12/06/2013

Midland Track & Field League Divisional Records
Post-2023 Division 3 (SE, NE, SW)
Women

Event	Name	Club	Perform	Date
100	Niamh Bailey	Corby AC	11.80	03/07/2016
200	Lucy Jones	Dudley Stourbridge H	24.60	06/08/2017
400	Karen Harewood	Corby AC	56.20	01/08/2010
800	Karen Harewood	Corby AC	2:05.30	14/08/2011
1500	Stacey Johnson	Cannock & Stafford	4:37.30	03/08/2008
3000	Stacey Johnson	Cannock & Stafford	9:53.40	02/05/2009
5000	Jade Watson	Newcastle Staffs	20:23.40	22/05/2022
2000SC	Natalie Eggington	Charnwood AC	9:13.30	22/05/2022
3000SC	Emily Negus	Nuneaton Harriers AC	13:14.00	05/06/2022
100H	Lauren O'Reilly	Newport Harriers	14.30	27/05/2012
400H	Justine Kinney	Royal Sutton Coldfield	60.10	07/06/2008
HJ	Bethan Partridge	Telford AC	1.75	06/06/2010
PV	Felicia Miloro	Sutton in Ashfield AC	3.90	06/05/2018
LJ	Cleo Martin-Evans	Daventry	6.26	19/08/2023
TJ	Anna Kelly	Shrewsbury AC	12.42	01/07/2012
SP	Eden Francis	Leicester Coritanian	15.51	05/06/2016
DT	Eden Francis	Leicester Coritanian	54.88	04/06/2017
HT	Katie Lambert	Kidderminster & Stourp	54.11	08/05/2016
JT	Charlotte Colbert	Hereford & County AC	44.25	13/08/2022
4x100		Worcester AC	49.30	13/06/2013
4x400		Royal Sutton Coldfield	3:59.40	03/08/2008
4x400Mx		Halesowen	04:02.4	05/06/2022

Midland Track & Field League Divisional Records
Post-2023 Division 3 (SE, NE, SW)

Men				
Event	**Name**	**Club**	**Perform**	**Date**
100m	Kyle Ennis, Elliott Powell	Banbury Harriers, Leicester Coritanian	10.5	06/06/2015, 08/05/2016
200m	Kyle Ennis, Elliott Powell	Banbury Harriers, Leicester Coritanian	21.2	06/07/2014, 25/04/2015
400m	Seamus Derbyshire	Stoke AC	47.22	15/07/2024
800m	Callum Hanlon	Leamington C & AC	1:54.8	13/08/2022
1500m	Thomas Humphries	Tipton Harriers	3:57.20	01/08/2010
3000m	Thomas Humphries	Tipton Harriers	8:20.20	01/08/2010
5000m	Adrian Holliday	Tipton Harriers	14:45.90	05/05/2012
2k S/C	Ian Rawlinson	Tipton Harriers	5:52.60	04/05/2014
3k S/C	Ian Rawlinson	Tipton Harriers	9:15.00	14/08/2011
110H	Andrew Pozzi	Stratford on Avon	14.20	14/08/2011
400H	Darren Lewis	Wolverhampton & Bilst	54.60	05/07/2008
HJ	Joshuah Hill	Solihull & Small Heath	2.07	07/07/2011
PV	Cameron Williams-Steir	Leamington C & AC	4.15	05/06/2022
LJ	Rowan Powell	Leicester Coritanian	7.11	07/05/2011
TJ	Samuel Evans	Shrewsbury AC	14.66	05/06/2022
SP	Daniel Cork	Newport	15.79	16/06/2019
DT	Perris Wilkins	Banbury Harriers	54.72	03/08/2008
HT	Craig Murch	Birchfield Harriers	68.29	15/06/2025
JT	James Hopley	Telford AC	65.63	07/05/2011
4x100		Leamington C & AC, Abingdon AC	43.2	07/06/2008, 03/07/2016
4x400		Corby AC	3:23.20	02/08/2014

Midland Track & Field League Divisional Records

Pre-2024 Division 3

Women

Event	Name	Club	Perform	Date
100	Tiffany Cox Jessica Duncton	Abingdon Cheltenham and County Harriers	11.9 (+1.8m/s) 12.02	09/07/2023 17/07/2022
200	Yasmin Liverpool	Coventry Godiva H	24.60	06/05/2018
400	Laura Langowski	Coventry Godiva H	55.00	07/05/2011
800	Katie Holt, Celia Taylor	City of Stoke, Coventry Godiva Harriers	2:10.8	03/08/2019, 14/08/2011
1500	Katie Holt	City of Stoke	4:28.2	03/08/2019
3000	Hannah Alderson	Yate & District AC	9.54.9s	06.06.10
5000	Ella Burfitt	Chelt	17:59.10	22/05/2022
2000SC	Kiya Dee Y	Chelt	7:24.70	22/05/2022
3000SC	Emma Bexson	Stratford	14:51.50	09/07/2023
100H	Joanne Eaton, Lauren O'Reilly	Yate & District AC, Newport Harriers	14.3	04/07/2009, 10/08/2003
400H	Natalie Ainge	Cannock & Stafford	65.15	06/07/2014
HJ	Emily Madden Forman	Stratford–upon–Avon	1.78	17/07/2022
PV	Hayley Rubery	Telford AC	3.50	04/05/2014
LJ	Jo Frost	Bromsgrove & Redditc	5.74	04/08/2012
TJ	Laura Keeley	Coventry Godiva H	11.42	09/08/2015
SP	Eden Francis	Leicester Coritanian	13.01	19/08/2023
DT	Eden Francis	Leicester Coritanian	43.95	19/08/2023
HT	Amelia Fettis	Newport Harriers	48.84	18/06/2023
JT	Simone Huggins-Ward	Coventry Godiva H	45.57	10/08/2013
4x100		Worcester AC	49.00	04/05/2014
4x400		Wolverhampton & Bils	4:00.6	01/08/2010
4x400Mx		Stoke	3:51.5	09/07/2023

Midland Track & Field League Divisional Records

Pre-2024 Division 3

Men

Event	Name	Club	Perform	Date
100m	Nicholas Pryce, Ben Simons, Eldridge Phiri	Royal Sutton Coldfield Telford AC Tamworth AC	10.7	03/08/2019 04/07/2009 01/07/2012
200m	Kane Howitt	Royal Sutton Coldfield	21.50	05/08/2017
400m	Ryan Preddy, David Lima	Severn/Gloucester, Birmingham R & T C	48.8	05/07/2008, 06/05/2017
800m	Jonathan Morgan	Newport Harriers	1:54.5	07/07/2013
1500m	Tim Dalton	Severn/Gloucester	3:54.8	07/06/2008
3000m	John Millington	Tipton Harriers	8:28.9	03/08/2008
5000m	John Millington	Tipton Harriers	15:04.9	02/05/2009
2k S/C	Steve Millward	Severn/Gloucester	6:07.1	03/05/2008
3k S/C	Nick Hardy	Tipton Harriers	9:43.7	02/06/2018
110H	Alex Nwenwu	Wolves & Bilston	14.90	01/08/2010
400H	Tom Burton	Tamworth A	53.20	01/08/2010
HJ	Adam Brooks	Yate & District AC	2.16	13/08/2022
PV	Nick Cruchley	Halesowen	5.00	04/07/2009
LJ	Samuel Khogali	Worcester AC	7.19	04/06/2016
TJ	Nahbi Odeh	Leicester Coritanian	14.58	09/07/2023
SP	Gareth Winter	Gloucester AC	16.61	02/06/2018
DT	Scott Jenns	Tipton Harriers	47.34	05/07/2008
HT	Tim Williams	Gloucester AC	61.85	04/06/2016
JT	James Hopley	Telford AC	63.51	04/07/2009
4x100		Worcester AC	42.90	04/06/2016
4x400		Royal Sutton Coldfield	3:01.7	16/07/2017

Midland Track & Field League Divisional Records
Pre-2024 Division 4 (SE, NE, SW)
Women

Event	Name	Club	Perform	Date
100	Niamh Bailey	Corby AC	11.80	03/07/2016
200	Lucy Jones	Dudley Stourbridge H	24.60	06/08/2017
400	Karen Harewood	Corby AC	56.20	01/08/2010
800	Karen Harewood	Corby AC	2:05.30	14/08/2011
1500	Stacey Johnson	Cannock & Stafford	4:37.30	03/08/2008
3000	Stacey Johnson	Cannock & Stafford	9:53.40	02/05/2009
5000	Jade Watson	Newcastle Staffs	20:23.40	22/05/2022
2000SC	Natalie Eggington	Charnwood AC	9:13.30	22/05/2022
3000SC	Emily Negus	Nuneaton Harriers AC	13:14.00	05/06/2022
100H	Lauren O'Reilly	Newport Harriers	14.30	27/05/2012
400H	Justine Kinney	Royal Sutton Coldfield	60.10	07/06/2008
HJ	Bethan Partridge	Telford AC	1.75	06/06/2010
PV	Felicia Miloro	Sutton in Ashfield AC	3.90	06/05/2018
LJ	Cleo Martin-Evans	Daventry	6.26	19/08/2023
TJ	Anna Kelly	Shrewsbury AC	12.42	01/07/2012
SP	Eden Francis	Leicester Coritanian	15.51	05/06/2016
DT	Eden Francis	Leicester Coritanian	54.88	04/06/2017
HT	Katie Lambert	Kidderminster & Stourp	54.11	08/05/2016
JT	Charlotte Colbert	Hereford & County AC	44.25	13/08/2022
4x100		Worcester AC	49.30	13/06/2013
4x400		Royal Sutton Coldfield	3:59.40	03/08/2008
4x400Mx		Halesowen	04:02.4	05/06/2022

Midland Track & Field League Divisional Records
Pre-2024 Division 4 (SE, NE, SW)

Men				
Event	**Name**	**Club**	**Perform**	**Date**
100m	Kyle Ennis Elliott Powell	Banbury Harriers Leicester Coritanian	10.5	06/06/2015 08/05/2016
200m	Kyle Ennis Elliott Powell	Banbury Harriers Leicester Coritanian	21.2	06/07/2014 25/04/2015
400m	Ben Claridge	Abingdon AC	47.70	08/05/2016
800m	Callum Hanlon	Leamington C & AC	1:54.8	13/08/2022
1500m	Thomas Humphries	Tipton Harriers	3:57.20	01/08/2010
3000m	Thomas Humphries	Tipton Harriers	8:20.20	01/08/2010
5000m	Adrian Holliday	Tipton Harriers	14:45.90	05/05/2012
2k S/C	Ian Rawlinson	Tipton Harriers	5:52.60	04/05/2014
3k S/C	Ian Rawlinson	Tipton Harriers	9:15.00	14/08/2011
110H	Andrew Pozzi	Stratford on Avon	14.20	14/08/2011
400H	Darren Lewis	Wolverhampton & Bilst	54.60	05/07/2008
HJ	Joshuah Hill	Solihull & Small Heath	2.07	07/07/2011
PV	Cameron Williams-Steir	Leamington C & AC	4.15	05/06/2022
LJ	Rowan Powell	Leicester Coritanian	7.11	03/07/2016
TJ	Samuel Evans	Shrewsbury AC	14.66	07/05/2011
SP	Daniel Cork	Newport	15.79	16/06/2019
DT	Perris Wilkins	Banbury Harriers	54.72	03/08/2008
HT	John Pearson	Charnwood AC	65.65	04/06/2016
JT	James Hopley	Telford AC	65.63	07/05/2011
4x100		Leamington C & AC Abingdon AC	43.2	07/06/2008 03/07/2016
4x400		Corby AC	3:23.20	02/08/2014