

MCCCA Cross Country Relay Championships 2026

Hosted by Worcester Athletic Club

TEAM MANAGER – COMPETITOR & SPECTATOR EVENT INFORMATION

Venue:

University of Worcester, Lakeside Campus, Holt Heath, Worcester, WR6 6NH

what3words: snowballs.yappy.undivided

[Lakeside Campus on Google Maps](#)

Please note – assistance and guide dogs only are permitted on the Lakeside Campus.

The venue site is the outdoor activity centre for the University of Worcester - this event is restricted to the grassland areas of the campus only. Activity equipment, structures and lakes are not part of the event area and must not be accessed. Children must be supervised at all times.

Directions:

The Lakeside Campus is approximately 5 miles northwest of Worcester City - west of the River Severn. Avoid travelling through Worcester and using the city bridge on a Saturday! After entering the Top Barn site, follow the road for a short distance, until you see signs for Lakeside on your left.

From the north and Birmingham – exit M5 Junction 5. Take A38 (Droitwich), follow A4133 through Holt Fleet and then south on A443 to UoW Campus on left, signposted “Business Centre - Top Barn”

From the south and east avoiding Worcester City –

[1] exit M5 Junction 6. Take A449 (Kidderminster), join A4133 at Ombersley, through Holt Fleet and then south on A443 to UoW Campus on left.

[2] exit M5 Junction 7. Follow A4440 (Worcester [west]), A449 and then Hallow Road (A443) north, after 4 miles turn right, following signs for Top Barn Farm.

Parking:

All parking is supervised by the University of Worcester – there is a charge of **£6** per vehicle which can be pre-purchased at: <https://webengine-01.worc.ac.uk/lakeside/PrivateProduct/qp4uuuac>

My Basket 0

Lakeside Payment Page

To book:

Step 1: Please look through the product list below to see what is available.
You can find out more information about a product by clicking on the + link on the left hand side of each item.

Step 2: To purchase an item or to hire equipment click the 'buy' button next to the product.

Step 3: Once you have finished shopping click on 'my basket' at the top of the page to review your items then follow the checkout link to continue to booking information and payment.

If you have any queries please contact lakeside@worc.ac.uk.

Your personal items

[main shop](#)

	Product	Price	Available	
+	Car Parking - MCCA Cross Country Relay Championships 17/10/26	£6.00	500	buy

Lakeside all day parking

Please park as directed by the University staff. Do not park on any other estate roads or business car parks. Failure to use the official event car park may result in your car being removed/fined and would jeopardise future use of this venue for MCCA events.

Parking is charged at £6 per vehicle - car-share is an obvious choice!

Debit/credit card payment can also be made on the day via card reader.

Registration and Presentations

Team Managers: Bib number and chip (wristband) collection is from the marquee situated behind the Activities Centre.

Officials: Sign in is also located here.

Presentations will be made from the marquee.

Toilets:

Male and female toilets and changing are located behind the Activities Centre. 8x unisex cubicles (2x accessible) plus 2x urinals (male changing) and 3x cubicles (female changing).

Refreshments:

The Activities Centre Café will be open and serving hot and cold beverages and a selection of snacks. This facility is operated by the University.

The course:

The course is around the campus grasslands which are mainly flat. There is one steep bank ascent/descent and one bank climb and descent through a small wooded area, each lap. There are two small sections of gravel, but the course is suitable for spikes. The start/finish/changeover area is located within 50 metres of all facilities. Club tents can be located adjacent to the finish. Each lap will be 3 kilometres, approximately.

First Aid and Emergency Evacuation:

First Aid provision is by St. John Ambulance at the start/finish zone.

To comply with recent legislation ('Martyn's Law') competitors and spectators should familiarise themselves with emergency access and exit routes and follow instructions from University staff in the event of an emergency or site evacuation - this will be signalled by the Campus alarms (electronic sirens) sounding.

All attendees should leave the site as per instructions issued over the PA via the nearest exits marked on the course map which are located at – main site entrance, the north end of course, and on the west side between points G and F.

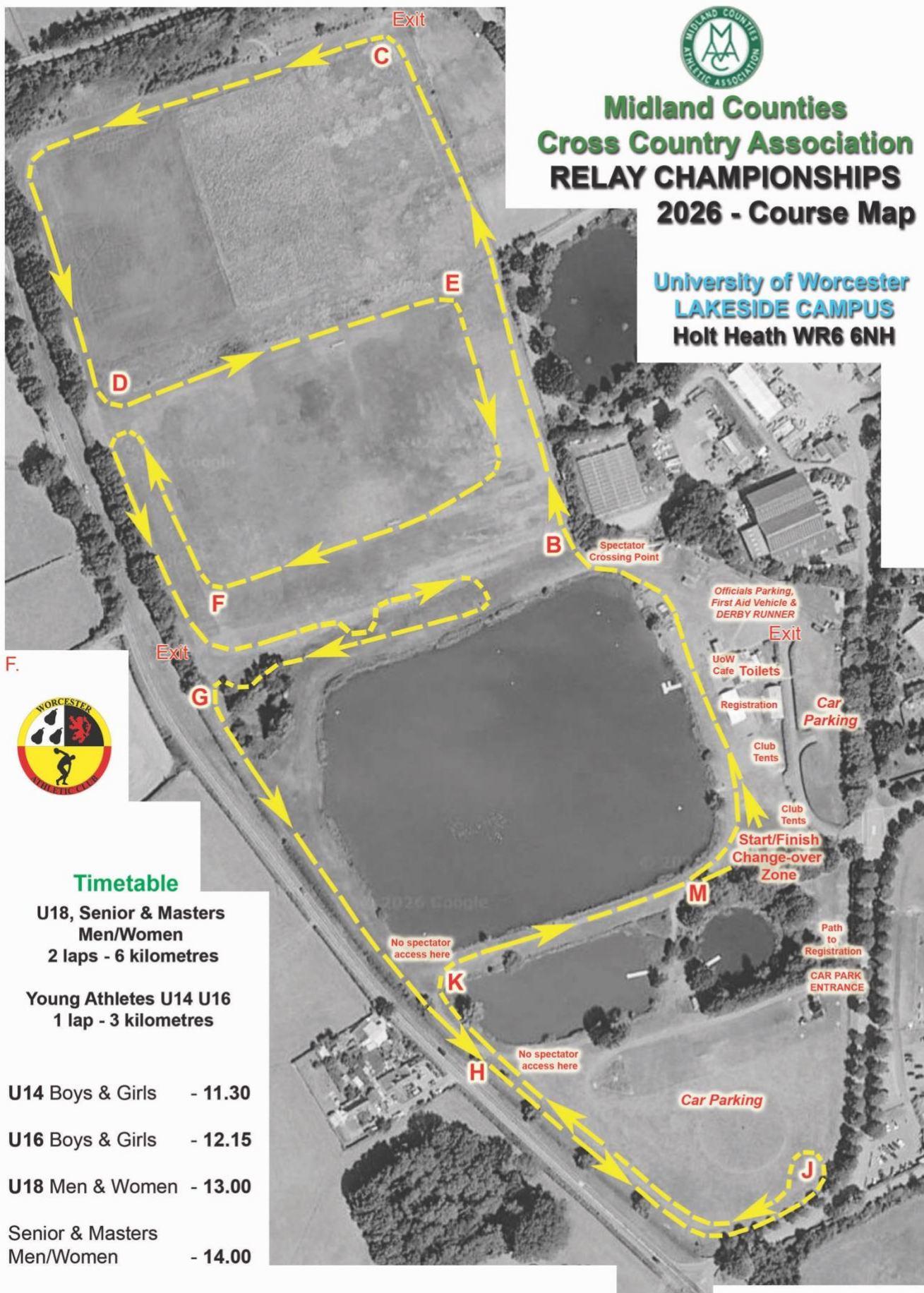
Timetable and laps:

U14 Boys & Girls – 11.30	1 Lap = 3km	3 x 3km
U16 Boys & Girls – 12.15	1 Lap = 3km	3 x 3km
U18 Men & Women – 13.00	2 Laps = 6km	3 x 6km
Senior & Masters Women – 14.00	2 Laps = 6km	3 x 6km
Senior & Masters Men – 14.00	2 Laps = 6km	4 x 6km



Midland Counties Cross Country Association RELAY CHAMPIONSHIPS 2026 - Course Map

University of Worcester
LAKESIDE CAMPUS
Holt Heath WR6 6NH



Timetable

**U18, Senior & Masters
Men/Women**
2 laps - 6 kilometres

Young Athletes U14 U16
1 lap - 3 kilometres

U14 Boys & Girls - 11.30

U16 Boys & Girls - 12.15

U18 Men & Women - 13.00

**Senior & Masters
Men/Women - 14.00**