



MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION

CROSS COUNTRY RELAY CHAMPIONSHIPS.

**University of Worcester, Lakeside Campus, Holt Heath,
Worcester, WR6 6NH**

Saturday 17th October 2026

TIMETABLE

11:30 Under 14 Boys and Girls

12:15 Under 16 Boys and Girls

13:00 Under 18 Men and Women

14:00 Senior and Master Men & Women