

MCAA T&F League.		Type=	Manual timing
Date=	29/08/2026	Division=	3SE
Match no.	4	Venue=	Abingdon

Club	Points
Abingdon AC	492
Banbury Harriers AC	305.5
Corby AC	50
Coventry Godiva Harriers	26
Daventry AAC	161
Kettering Town Harriers	286
Leicester Coritanian AC	252
Solihull & Small Heath AC	379

Officials' Points

Team	Abingdon AC	Banbury Harriers AC	Corby AC	Coventry Godi	Daventry AAC	Kettering	Leicester Co	Solihull & Small	Heath AC
Points	25	20	-15	-30	5	-40	-10	25	

Event	Event	100 metres	MEN				
100	A string	Wind reading if applic	0.7	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Luke Lorenzi	Abing	1	11.1	13	0
	2	Claude Botchway	Leic	7	11.2	11	0
	3	Lewis-Morgan Barton	Kett	6	11.2	9	0
	4	Ben Hilton	SSH	8	11.8	8	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	MEN					
100	B/C race 1	Wind reading if applic	0.7	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	James Scott	Abing	11	11.5		
	2	Zorhann Giraud	Kett	66	11.5		
	3	Tata Ngala	SSH	88	12.0		
	4	Anton Roberts	Leic	77	12.5		
	5						
	6						
	7						
	8						

Event	Event	MEN					
100	B/C race 2	Wind reading if applic	4.4	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Cole Sinnott	Kett	666	11.1		
	2	Taimaru Kimber Bidlot	Abing	111	12.1		
	3	Finlay Friedersdorff	Leic	777	13.4		
	4						
	5						
	6						
	7						
	8						

Event	Event	B / C RACES FOR	SCORING				
100	B+C string	Wind reading if applic	0.7 & 4.4	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Cole Sinnott	Kett	666	11.1	11	0
	2	James Scott	Abing	11	11.5	9	0
	3	Zorhann Giraud	Kett	66	11.5	8	0
	4	Tata Ngala	SSH	88	12.0	7	0
	5	Taimaru Kimber Bidlot	Abing	111	12.1	6	0
	6	Anton Roberts	Leic	77	12.5	5	0
	7	Finlay Friedersdorff	Leic	777	13.4	4	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	200 metres	MEN				
200	A string	Wind reading if applic	-0.8	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Luke Lorenzi	Abing	1	22.6	13	0
	2	Lewis-Morgan Barton	Kett	6	22.7	11	0
	3	Ruben Buckner-Rowley	Banb	2	23.5	9	0
	4	Claude Botchway	Leic	7	23.6	8	0
	5	Ben Hilton	SSH	8	23.8	7	0
	6					0	0
	7					0	0
	8					0	0

Event	MEN						
200	B/C race 1	Wind reading if applic	-1.8	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Cole Sinnott	Kett	66	22.8		
	2	James Scott	Abing	11	23.5		
	3	Zorhann Giraud	Kett	666	23.8		
	4	Tata Ngala	SSH	88	25.1		
	5	Zack Costello	Abing	111	25.5		
	6	Anton Roberts	Leic	77	26.0		
	7						
	8						

Event	MEN						
200	B/C race 2	Wind reading if applic		m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						

Event	B / C RACES FOR SCORING						
200	B+C string	Wind reading if applic	-1.8 &	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Cole Sinnott	Kett	66	22.8	11	0
	2	James Scott	Abing	11	23.5	9	0
	3	Zorhann Giraud	Kett	666	23.8	8	0
	4	Tata Ngala	SSH	88	25.1	7	0
	5	Zack Costello	Abing	111	25.5	6	0
	6	Anton Roberts	Leic	77	26.0	5	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	400 metres					
400	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Ruben Buckner-Rowley	Banb	2	51.9	13	0
	2	Thomas Steele	SSH	8	1:00.5	11	0
	3	Nathan Hand	Corb	3	1:05.5	9	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event						
400	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Richie Mack	Banb	22	55.6	11	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	800 metres					
800	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Adam Jackson	CovG	4	2:00.0	13	0
	2	Finlay Friedersdorff	Leic	7	2:06.3	11	0
	3	Sam Davis	Banb	2	2:10.6	9	0

4	Mark Powell	Abing	1	2:14.3	8	0
5	Steve Sinnott	Kett	6	2:47.0	7	0
6					0	0
7					0	0
8					0	0

Event	800	B+C string					
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Richie Mack	Banb	22	2:11.3	11	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	110H	metres	MEN			
110H	A string	Wind reading if applic	0.1 m/s				
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Jamie Shaw	Kett	6	18.8	13	0
	2	John Bowden	Corb	3	22.0	11	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	110H	B/C race 1	Wind reading if applic	0 m/s			
MEN	Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points
0	1			0			
0	2			0			
0	3			0			
0	4			0			
0	5			0			
0	6			0			
0	7			0			
0	8			0			

Event	110H	B/C race 2	Wind reading if applic	0 m/s			
MEN	Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points
0	1			0			
0	2			0			
0	3			0			
0	4			0			
0	5			0			
0	6			0			
0	7			0			
0	8			0			

Event	110H	COMBINED B / C RACES FOR SCORING					
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	400H	metres	MEN
-------	-------	------	--------	-----

400H	A string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Ben Watson	SSH	8	68.0	13	0
	2	Anton Roberts	Leic	7	74.0	11	0
	3	John Bowden	Corb	3	76.2	9	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	B+C string						
400H	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	1500 metres	MEN				
1500	A string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Finlay Friedersdorff	Leic	7	4:18.4	13	0
	2	William Griffiths	Corb	3	4:21.4	11	0
	3	Adam Watkin	Banb	2	4:38.7	9	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	B+C string						
1500	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
MEN							
	1	Jude MacDonald-Lockhart	Banb	22	4:48.3	11	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	3000 metres	MEN				
3000	A string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Joshua Orchard	Dav	5	9:36.7	13	0
	2	Felix Batty	Banb	2	9:40.7	11	0
	3	Peter Irvine	Abing	1	9:56.6	9	0
	4	Mike Bracken	SSH	8	11:18.0	8	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	B+C string						
3000	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
MEN							
	1	Adam Watkin	Banb	222	10:46.0	11	0
	2	James MacDonald-Lockhart	Banb	22	12:22.3	9	0
	3					0	0
	4					0	0

5					0	0
6					0	0
7					0	0
8					0	0
9					0	0
10					0	0
11					0	0
12					0	0
13					0	0
14					0	0
15					0	0
16					0	0

Event	Event	3000SC	metres	MEN			
3000SC	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jack Miller	Abing	1	10:34.9	13	0
	2	Sam Katanda	CovG	4	12:11.9	11	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event						
3000SC	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	4x100	metres	MEN			
4x100	A string					Position	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Kettering Town Harriers	Kett	6	44.8	13	
	2	Abingdon AC	Abing	1	46.0	11	
	3	Solihull & Small Heath AC	SSH	8	47.7	9	
	4	Banbury Harriers AC	Banb	2	50.5	8	
	5					0	
	6					0	
	7					0	
	8					0	

Event	Event	4x400	metres	Mx A String			
4x400	A string					Position	
Mx A String	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Kettering Town Harriers	Kett	6	4:00.6	13	
	2	Abingdon AC	Abing	1	4:11.8	11	
	3	Banbury Harriers AC	Banb	2	4:24.1	9	
	4	Solihull & Small Heath AC	SSH	8	4:31.3	8	
	5					0	
	6					0	
	7					0	
	8					0	

Event	Event	HJ	metres	MEN			
HJ	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Leon Martin-Evans	Dav	5	1.90	13	0
	2	Lewis-Morgan Barton	Kett	6	1.70	11	0
	3	Ben Watson	SSH	8	1.65	9	0
	4	Zack Costello	Abing	1	1.50	8	0
	5	John Bowden	Corb	3	1.45	7	0
	6					0	0

	7					0	0
	8					0	0
Event							
HJ	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Thomas Steele	SSH	88	1.55	11	0
	2	James Best	Dav	55	1.50	9	0
	3	Jamie Shaw	Kett	66	1.40	8	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	PV	metres	MEN			
PV	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Pete Stepney	Abing	1	2.30	13	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event							
PV	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chris Bromley	Abing	11	2.20	11	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	LJ	metres	MEN				Best wind-legal mark if applicable	
LJ	A string					Position	Bonus	Wind if applic	Perf (metres) Wind (m/s)
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s	
	1	Kayden King	SSH	8	6.20	13	0		
	2	Leon Martin-Evans	Dav	5	5.96	11	0		
	3	Iesaldo Barbosa	Kett	666	5.36	9	0		
	4	Claude Botchway	Leic	7	5.36	8	0		
	5	John Bowden	Corb	3	5.23	7	0		
	6	Thiago de Modena	CovG	4	4.24	6	0		
	7	Pete Stepney	Abing	1	4.16	5	0		
	8					0	0		
Event								Best wind-legal mark if applicable	
LJ	B+C string					Position	Bonus	Wind if applic	Perf (metres) Wind (m/s)
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s	
	1	Adhvaith Prabhakaran	SSH	88	5.69	11	0		
	2	Ben Watson	SSH	888	5.40	9	0		
	3	Jamie Shaw	Kett	66	5.07	8	0		
	4	Cole Sinnott	Kett	6	4.86	7	0		
	5	Nathan Hand	Corb	33	4.66	6	0		
	6	William Griffiths	Corb	333	4.54	5	0		
	7	Mark Kingston	Abing	11	3.91	4	0		
	8					0	0		
	9					0	0		
	10					0	0		
	11					0	0		
	12					0	0		

13					0	0			
14					0	0			
15					0	0			
16					0	0			

Event	Event	TJ	metres	MEN						
TJ	A string					Position	Bonus	Wind if applic	Best wind-legal mark if applicable	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s	Perf (metres)	Wind (m/s)
	1	Kayden King	SSH	8	11.95	13	0			
	2	Lewis-Morgan Barton	Kett	6	11.82	11	0			
	3					0	0			
	4					0	0			
	5					0	0			
	6					0	0			
	7					0	0			
	8					0	0			
Event	B+C string					Position	Bonus	Wind if applic	Best wind-legal mark if applicable	
TJ										
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s	Perf (metres)	Wind (m/s)
	1	Adhvaith Prabhakaran	SSH	88	11.79	11	0			
	2	Iesaldo Barbosa	Kett	666	11.29	9	0			
	3	Jamie Shaw	Kett	66	10.67	8	0			
	4					0	0			
	5					0	0			
	6					0	0			
	7					0	0			
	8					0	0			
	9					0	0			
	10					0	0			
	11					0	0			
	12					0	0			
	13					0	0			
	14					0	0			
	15					0	0			
	16					0	0			

Event	Event	SP	metres	MEN						
SP	A string					Position	Bonus			
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points			
	1	Forrest Francis	Leic	7	12.44	13	0			
	2	Taimaru Kimber-Bidlot	Abing	1	10.64	11	0			
	3	James Best	Dav	5	10.50	9	0			
	4	Charlie Shepherd	Banb	2	8.72	8	0			
	5	Thiago de Modena	CovG	4	6.28	7	0			
	6	Caleb Corstin	Kett	6	5.50	6	0			
	7					0	0			
	8					0	0			
Event	B+C string					Position	Bonus			
SP										
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points			
	1	Akinkunle Atanda	Leic	77	9.64	11	0			
	2	Chris Bromley	Abing	11	9.23	9	0			
	3	Sam Davis	Banb	22	7.53	8	0			
	4	Steve Broadley	Abing	111	7.19	7	0			
	5	Damian Baker	Dav	55	6.28	6	0			
	6					0	0			
	7					0	0			
	8					0	0			
	9					0	0			
	10					0	0			
	11					0	0			
	12					0	0			
	13					0	0			
	14					0	0			
	15					0	0			
	16					0	0			

Event	Event	DT	metres	MEN						
DT	A string					Position	Bonus			
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points			
	1	Forrest Francis	Leic	7	40.45	13	5			
	2	Charlie Shepherd	Banb	2	31.10	11	0			
	3	Steve Broadley	Abing	11	26.40	9	0			
	4	James Best	Dav	5	25.26	8	0			
	5	Thomas Steele	SSH	8	20.93	7	0			
	6					0	0			
	7					0	0			
	8					0	0			

Event DT	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chris Bromley	Abing	1	22.04	11	0
	2	Mark Kingston	Abing	111	19.17	9	0
	3	Damian Baker	Dav	55	15.80	8	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event HT	Event	HT	metres	MEN		Position	Bonus
MEN	A string					Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	James Best	Dav	5	38.53	13	0
	2	Matthew Bell	Kett	6	34.32	11	0
	3	Chris Bromley	Abing	1	23.44	9	0
	4	Akinkunle Atanda	Leic	7	18.49	8	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event HT	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Steve Broadley	Abing	11	20.10	11	0
	2	Damian Baker	Dav	55	13.00	9	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event JT	Event	JT	metres	MEN		Position	Bonus
MEN	A string					Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Leon Martin-Evans	Dav	5	46.35	13	0
	2	Chris Bromley	Abing	1	39.34	11	0
	3	Akinkunle Atanda	Leic	7	32.34	9	0
	4	Thomas Steele	SSH	8	28.95	8	0
	5	Lewis-Morgan Barton	Kett	6	27.32	7	0
	6	Thiago de Modena	CovG	4	16.29	6	0
	7					0	0
	8					0	0

Event JT	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	James Best	Dav	55	41.06	11	0
	2	Steve Broadley	Abing	11	29.69	9	0
	3	Mark Kingston	Abing	111	27.32	8	0
	4	Ben Hilton	SSH	88	24.75	7	0
	5	Cole Sinnott	Kett	66	23.01	6	0
	6	Caleb Corstin	Kett	666	15.87	5	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0

15					0	0
16					0	0

Event	100 metres						
100	A string	Wind reading if applic	0	m/s			
WOMEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Tiffany Cox	Abing	1	12.8	13	0
	2	Elizabeth Reading	Kett	6	12.9	11	0
	3	Ellen Crockett	SSH	8	13.6	9	0
	4	Leane Tchakounte	Dav	5	14.5	8	0
	5	Iona Magee	Leic	7	15.1	7	0
	6					0	0
	7					0	0
	8					0	0

Event							
100	B/C Race 1	Wind reading if applic	0.8	m/s	Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Isabella Cuanalo	Abing	11	13.3		
	2	Charlotte Rainbow	Kett	666	13.8		
	3	Culley Cleaver	Kett	66	13.9		
	4	Dany Kuigheu	Dav	55	15.5		
	5						
	6						
	7						
	8						

Event							
100	B/C Race 2	Wind reading if applic		m/s	Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						

Event	COMBINED B / C RACES FOR SCORING						
100	B+C string	Wind reading if applic	0.8 &	m/s	Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Isabella Cuanalo	Abing	11	0:13.3	11	0
	2	Charlotte Rainbow	Kett	666	0:13.8	9	0
	3	Culley Cleaver	Kett	66	0:13.9	8	0
	4	Dany Kuigheu	Dav	55	0:15.5	7	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	200 metres						
200	A string	Wind reading if applic	-2.2	m/s			
WOMEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Tiffany Cox	Abing	1	26.6	13	0
	2	Elizabeth Reading	Kett	6	27.3	11	0
	3	Harriet Moss	SSH	8	29.3	9	0
	4	Chisom Elekwa	Leic	7	32.5	8	0
	5	Dany Kuigheu	Dav	5	33.3	7	0
	6					0	0
	7					0	0
	8					0	0

Event							
200	B/C Race 1	Wind reading if applic	-2.2	m/s	Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Isabella Cuanalo	Abing	11	28.6		
	2	Charlotte Rainbow	Kett	666	28.8		
	3	Culley Cleaver	Kett	66	29.1		
	4						
	5						
	6						
	7						
	8						

Event							
-------	--	--	--	--	--	--	--

200	B/C Race 2	Wind reading if applic		m/s	Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						

Event	COMBINED	B / C RACES FOR		SCORING			
200	B+C string	Wind reading if applic	-2.2 &	m/s		Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number	Performance		
	1	Isabella Cuanalo	Abing	11	0:28.6	11	0
	2	Charlotte Rainbow	Kett	666	0:28.8	9	0
	3	Culley Cleaver	Kett	66	0:29.1	8	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	400 metres					
400	A string					Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number	Performance		
	1	Imogen Ford	Abing	1	1:07.5	13	0
	2	Jennifer Critchley	Banb	2	1:08.3	11	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	400 metres					
400	B+C string					Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number	Performance		
	1	Jane Fabes	Abing	11	1:23.0	11	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	800 metres					
800	A string					Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number	Performance		
	1	Lola Barker	SSH	8	2:37.9	13	0
	2	Ellie Bagshaw	Leic	7	2:53.4	11	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	800 metres					
800	B+C string					Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number	Performance		
	1					0	0
	2					0	0
	3					0	0
	4					0	0

5					0	0
6					0	0
7					0	0
8					0	0
9					0	0
10					0	0
11					0	0
12					0	0
13					0	0
14					0	0
15					0	0
16					0	0

Event	Event	100H	metres				
100H	A string	Wind reading if applic	0.7 m/s		Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Ava Jenkins	Banb	2	20.2	13	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event						
100H	B/C Race 1	Wind reading if applic	m/s		Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						

Event	Event						
100H	B/C Race 2	Wind reading if applic	m/s		Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						

Event	COMBINED	B / C RACES FOR	SCORING				
100H	B+C string	Wind reading if applic	& m/s		Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	400H	metres				
400H	A string						
WOMEN	Position	Competitor	Club	Bib Number	Performance	Position	Bonus
	1	Maddie Kingston	Abing	1	1:09.8	13	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event						
400H	B+C string					Position	Bonus

WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Imogen Ford	Abing	11	1:13.5	11	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	1500 metres					
1500	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Jane Fabes	Abing	1	6:22.1	13	0
	2	Keely Tattersfield	SSH	8	6:52.0	11	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	1500 metres					
1500	B+C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	3000 metres					
3000	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Isabella Taplin	CovG	4	10:53.5	13	0
	2	Lola Barker	SSH	8	11:17.3	11	0
	3	Jennifer Critchley	Banb	2	12:18.7	9	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	3000 metres					
3000	B+C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Charlotte Edwards	Banb	22	11:54.5	11	0
	2	Keely Tattersfield	SSH	88	14:41.9	9	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	3000SC	metres				
3000SC	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	B+C string				Formatted	Position	Bonus
3000SC	Position	Competitor	Club	Bib Number	Performance	Points	Points
WOMEN	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	4x100	metres				
4x100	A string				Formatted	Position	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Kettering Town Harriers	Kett	6	53.5	13	
	2	Solihull & Small Heath AC	SSH	8	64.7	11	
	3					0	
	4					0	
	5					0	
	6					0	
	7					0	
	8					0	

Event	Event	4x400	metres	Mx B String			
4x400	A string				Formatted	Position	
Mx B String	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Banbury Harriers AC	Banb	22	4:34.6	11	
	2					0	
	3					0	
	4					0	
	5					0	
	6					0	
	7					0	
	8					0	

Event	Event	HJ	metres				
HJ	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Harriet Moss	SSH	8	1.50	13	0
	2	Leane Tchakounte	Dav	5	1.30	11	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	B+C string				Formatted	Position	Bonus
HJ	Position	Competitor	Club	Bib Number	Performance	Points	Points
WOMEN	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0

8					0	0
9					0	0
10					0	0
11					0	0
12					0	0
13					0	0
14					0	0
15					0	0
16					0	0

Event	Event	PV	metres				
PV	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Iona Magee	Leic	7	2.10	13	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event						
PV	B+C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	LJ	metres						Best wind-legal mark if applicable
LJ	A string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	Perf (metres) Wind (m/s)
WOMEN	Position	Competitor	Club	Bib Number					
	1	Ellen Crockett	SSH	8	4.79	13	0		
	2	Elizabeth McNeil	Abing	1	4.28	11	0		
	3					0	0		
	4					0	0		
	5					0	0		
	6					0	0		
	7					0	0		
	8					0	0		

Event	Event								Best wind-legal mark if applicable
LJ	B+C string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	Perf (metres) Wind (m/s)
WOMEN	Position	Competitor	Club	Bib Number					
	1	Harriet Moss	SSH	88	4.72	11	0		
	2					0	0		
	3					0	0		
	4					0	0		
	5					0	0		
	6					0	0		
	7					0	0		
	8					0	0		
	9					0	0		
	10					0	0		
	11					0	0		
	12					0	0		
	13					0	0		
	14					0	0		
	15					0	0		
	16					0	0		

Event	Event	TJ	metres						Best wind-legal mark if applicable
TJ	A string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	Perf (metres) Wind (m/s)
WOMEN	Position	Competitor	Club	Bib Number					
	1	Ellen Crockett	SSH	8	10.05	13	0		
	2					0	0		
	3					0	0		

	4					0	0			
	5					0	0			
	6					0	0			
	7					0	0			
	8					0	0			
Event										
TJ	B+C string				Formatted	Position	Bonus	Wind if applic	Best wind-legal mark if applicable	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s	Perf (metres)	Wind (m/s)
	1					0	0			
	2					0	0			
	3					0	0			
	4					0	0			
	5					0	0			
	6					0	0			
	7					0	0			
	8					0	0			
	9					0	0			
	10					0	0			
	11					0	0			
	12					0	0			
	13					0	0			
	14					0	0			
	15					0	0			
	16					0	0			

Event	Event	SP	metres				
SP	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Eden Francis	Leic	7	11.23	13	0
	2	Jess Cherry	Banb	2	9.77	11	0
	3	Fatima Jammeh Kinteh	Abing	1	9.36	9	0
	4	Kate Whiston-Smith	SSH	8	6.44	8	0
	5	Holly Abbott	Kett	6	5.86	7	0
	6					0	0
	7					0	0
	8					0	0

Event							
SP	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Sophia Gebara	Leic	77	7.99	11	0
	2	Jo Humphries	Abing	11	7.32	9	0
	3	Iona Magee	Leic	777	6.36	8	0
	4	Ros Kelling	Banb	222	5.19	7	0
	5	Harriet Moss	SSH	88	5.17	6	0
	6	Samantha Egerton	Abing	111	5.10	5	0
	7	Culley Cleaver	Kett	66	4.50	4	0
	8	Rebecca Freeman	SSH	888	4.29	3	0
	9	Scarlett Jenkins	Banb	22	3.76	2.5	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	DT	metres				
DT	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Eden Francis	Leic	7	45.67	13	5
	2	Emmelina Darvell	Banb	2	39.93	11	5
	3	Kate Whiston-Smith	SSH	8	26.08	9	0
	4	Holly Abbott	Kett	6	22.31	8	0
	5	Jo Humphries	Abing	11	21.35	7	0
	6					0	0
	7					0	0
	8					0	0

Event							
DT	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Fatima Jammeh Kinteh	Abing	1	19.79	11	0
	2	Charlotte Rainbow	Kett	66	18.55	9	0
	3	Jess Cherry	Banb	22	16.17	8	0
	4	Sophia Gebara	Leic	77	14.87	7	0
	5	Samantha Egerton	Abing	111	13.96	6	0
	6	Rebecca Freeman	SSH	88	10.38	5	0
	7					0	0
	8					0	0
	9					0	0

10					0	0
11					0	0
12					0	0
13					0	0
14					0	0
15					0	0
16					0	0

Event	Event	HT	metres				
HT	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Sophia Gebara	Leic	7	32.56	13	0
	2	Jess Cherry	Banb	22	29.94	11	0
	3	Kate Whiston-Smith	SSH	8	29.92	9	0
	4	Fatima Jammeh Kinteh	Abing	1	28.45	8	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event						
HT	B+C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Sophia Odeh	Leic	77	26.89	11	0
	2	Emmelina Darvell	Banb	2	25.45	9	0
	3	Jo Humphries	Abing	11	22.59	8	0
	4	Iona Magee	Leic	777	21.18	7	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

Event	Event	JT	metres				
JT	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Fatima Jammeh Kinteh	Abing	1	31.02	13	0
	2	Charlotte Rainbow	Kett	66	26.08	11	0
	3	Jess Cherry	Banb	2	23.74	9	0
	4	Kate Whiston-Smith	SSH	8	15.95	8	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event						
JT	B+C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Jo Humphries	Abing	11	18.81	11	0
	2	Scarlett Jenkins	Banb	22	18.07	9	0
	3	Elizabeth Reading	Kett	6	16.97	8	0
	4	Samantha Egerton	Abing	111	11.72	7	0
	5	Rebecca Freeman	SSH	88	11.35	6	0
	6					0	0
	7					0	0
	8					0	0
	9					0	0
	10					0	0
	11					0	0
	12					0	0
	13					0	0
	14					0	0
	15					0	0
	16					0	0

PARA-ATHLETES BELOW - MEN THEN WOMEN

MEN input - D string (para-athletes) ALL events

Event	Event	100 metres					
100	D string	Wind reading if applic		m/s	Formatted Performance	Position Points	RAZA Points
MEN	Position	Competitor	Club	Bib Number			Para Category
	1					0	
	2					0	
	3					0	

4					0		
5					0		
6					0		
7					0		
8					0		
9					0		
10					0		
11					0		
12					0		

Event	Event 200 metres							
200	D string	Wind reading if applic		m/s	Formatted Performance	Position Points	RAZA Points	Para Category
MEN	Position	Competitor	Club	Bib Number				
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event 400 metres							
400	D string				Formatted Performance	Position Points	RAZA Points	Para Category
MEN	Position	Competitor	Club	Bib Number				
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event 800 metres							
800	D string				Formatted Performance	Position Points	RAZA Points	Para Category
MEN	Position	Competitor	Club	Bib Number				
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event 1500 metres							
1500	D string				Formatted Performance	Position Points	RAZA Points	Para Category
MEN	Position	Competitor	Club	Bib Number				
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event 3000 metres							
3000	D string				Formatted	Position	RAZA	Para

MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event	HJ	metres					
HJ	D string				Formatted Performance	Position Points	RAZA Points	Para Category
MEN	Position	Competitor	Club	Bib Number				
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event	LJ	metres						
LJ	D string				Formatted Performance	Position Points	RAZA Points	Para Category	Wind if applicable
MEN	Position	Competitor	Club	Bib Number					
	1					0			
	2					0			
	3					0			
	4					0			
	5					0			
	6					0			
	7					0			
	8					0			
	9					0			
	10					0			
	11					0			
	12					0			

Event	Event	TJ	metres						
TJ	D string				Formatted Performance	Position Points	RAZA Points	Para Category	Wind if applicable
MEN	Position	Competitor	Club	Bib Number					
	1					0			
	2					0			
	3					0			
	4					0			
	5					0			
	6					0			
	7					0			
	8					0			
	9					0			
	10					0			
	11					0			
	12					0			

Event	Event	SP	metres					
SP	D string				Formatted Performance	Position Points	RAZA Points	Para Category
MEN	Position	Competitor	Club	Bib Number				
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event	DT	metres					
DT	D string				Formatted	Position	RAZA	Para
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event	JT	metres					
JT	D string				Formatted	Position	RAZA	Para
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

WOMEN input - D string (para-athletes) ALL events

Event	Event	100	metres					
100	D string	Wind reading if applic		m/s	Formatted	Position	RAZA	Para
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event	200	metres					
200	D string	Wind reading if applic		m/s	Formatted	Position	RAZA	Para
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event	400	metres					
400	D string				Formatted	Position	RAZA	Para
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		

9					0		
10					0		
11					0		
12					0		

Event	Event 800 metres							
800	D string				Formatted	Position	RAZA	Para
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event 1500 metres							
1500	D string				Formatted	Position	RAZA	Para
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event 3000 metres							
3000	D string				Formatted	Position	RAZA	Para
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event HJ metres							
HJ	D string				Formatted	Position	RAZA	Para
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event LJ metres								
LJ	D string				Formatted	Position	RAZA	Para	Wind if
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	Category	applicable
	1					0			
	2					0			
	3					0			
	4					0			

5					0		
6					0		
7					0		
8					0		
9					0		
10					0		
11					0		
12					0		

Event	Event	TJ	metres					
TJ	D string				Formatted Performance	Position Points	RAZA Points	Para Category
WOMEN	Position	Competitor	Club	Bib Number				Wind if applicable
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event	SP	metres					
SP	D string				Formatted Performance	Position Points	RAZA Points	Para Category
WOMEN	Position	Competitor	Club	Bib Number				
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event	DT	metres					
DT	D string				Formatted Performance	Position Points	RAZA Points	Para Category
WOMEN	Position	Competitor	Club	Bib Number				
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

Event	Event	JT	metres					
JT	D string				Formatted Performance	Position Points	RAZA Points	Para Category
WOMEN	Position	Competitor	Club	Bib Number				
	1					0		
	2					0		
	3					0		
	4					0		
	5					0		
	6					0		
	7					0		
	8					0		
	9					0		
	10					0		
	11					0		
	12					0		

GUESTS					
	Event	Competitor	Club	Performance	Wind if applic m/s

[illegible]

[illegible]