



The Midland Championships have welcomed Para Athletes for over 15 years, with events WPA Endorsed.

We encourage all Para Athletes to enter the Midland Championships:

- Age Groups are the same for all Championships: Seniors (U20/Senior) & Age Group (U18/U16)
- Ambulant athletes enter Track & Field, ensuring your classification is listed
- Field athletes may use the WPA Implement Weights
- Wheelchair Racers & Frame Runners please contact MCAA directly. These events have been integrated in the past, alongside the respective running events. These events are currently not scheduled.
- Seated Throwers please contact MCAA directly. These events have been integrated in the past, separate to the standing events

Note: Athletes in T11-12 Classifications don't need to enter their guide runner

Note: There are not Para Specific medals