

## MCAA Spring 12-6 Stage Road Relays

**MCAA Spring 12 & 6 Stage Relay**  
**Saturday 28<sup>th</sup> March 2026**  
**Distance: 5.47 km**  
**Start Time:**  
**Men 12.00pm**  
**Women 12.10pm**

**Turnaround point just before locked gate. after passing the Jamboree Stone**

