

Midland Women's & Birmingham Cross Country Leagues – both Division 1 – Match 3

Saturday 07 February 2026 at Ipsley Meadows, Icknield Street Drive, Redditch, B98 0DD

Hosted by Bromsgrove & Redditch Athletic Club

Race Start Times

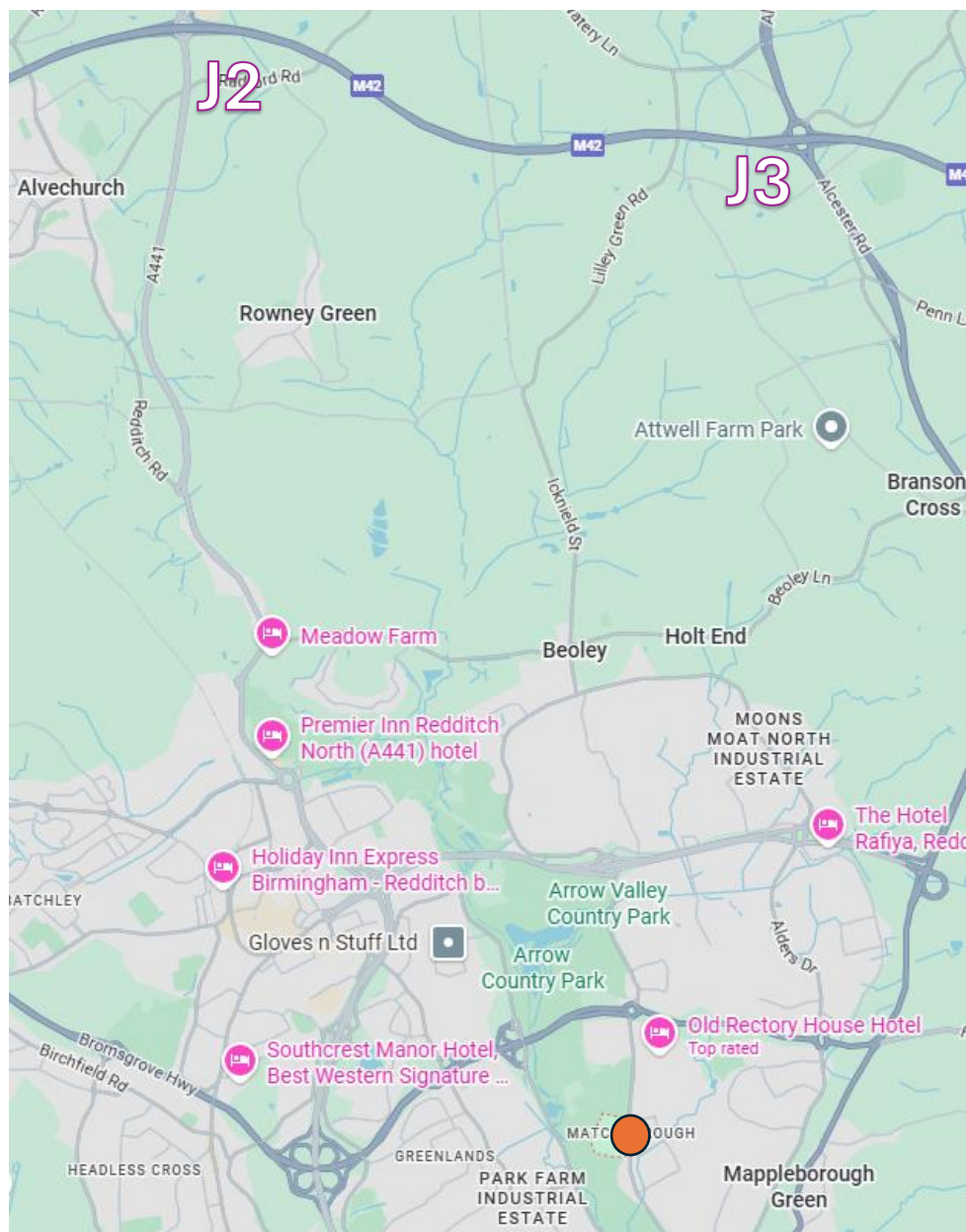
Ladies' race start 13:30

Men's race start 14:30

Location

The fixture will be held at Ipsley Meadows, Icknield Street Drive, Redditch B98 0DD.

The course is approximately 6 miles from the M42 and can be reached from Junction 2 (via A441) or Junction 3 (via A435).



Parking

Below is a map showing the public car parks around Arrow Valley Countryside Park.

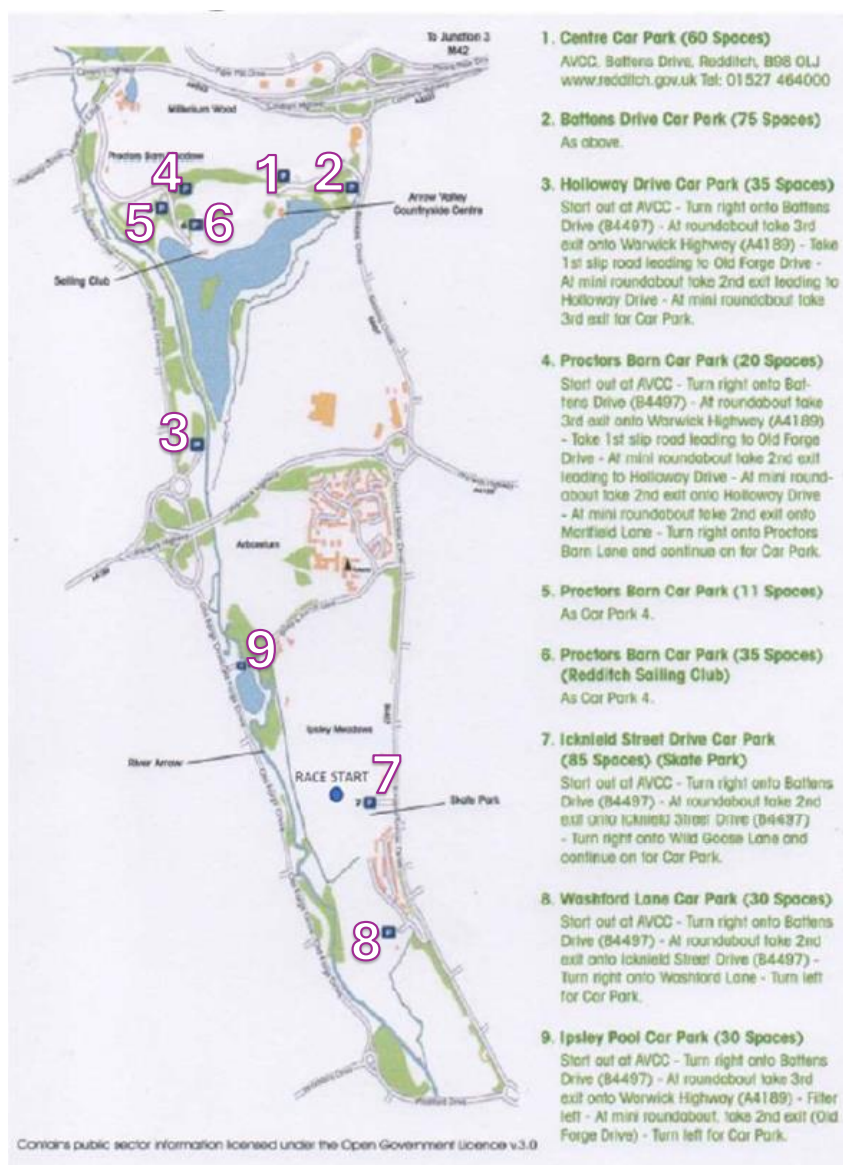
We expect car park 7 (Skate Park off Icknield Street Drive, B98 0DD) to be filled quickly. It has 80 spaces but approx 20 spaces have been reserved for officials. Please do not obstruct either the access for the first aid/other emergency vehicles onto the fields or onto Icknield Street Drive. This car park will be marshalled and closed when full.

The nearest car park is then car park 8 off Washford Lane, B98 0HY. This car park will be marshalled and closed when full. NOTE: THERE IS NO PARKING ALLOWED ON WASHFORD LANE AND MEREALE CLOSE.

THERE IS ALSO NO PARKING AT THE GOLDEN GOOSE. This car park will be marshalled. Club tents can be dropped off on the grass verge by the entrance to the Golden Goose while vehicles are parked elsewhere. Access to the tent village is then 100m distant; on foot only; and through the Golden Goose car park.

Your athletes/supporters are therefore strongly recommended to car share; use the other public car parks shown; and allow ample time to walk to the tent village. For reference, car park 1 is the furthest from the tent village - around a 30min walk through Arrow Valley Park.

Also note that if you typically travel by coach, **there will be no access to these car parks for coaches**



Facilities etc.

Toilets will be placed by the start in car park 7. Unfortunately we cannot offer changing facilities so club tents will have to be used.

Officials will be located in the tent village near the start, while first aiders will be based in car park 7 (nearest access point for their response vehicle)



The Course

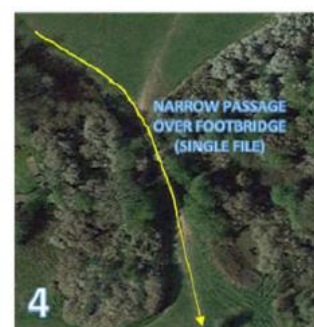
The course is mostly grass with exception of one wooden bridge crossing with hardcore path either side of it. Expect a lot of deep mud, particularly at the top end of the course – spikes are recommended

One lap of the course is approximately 1.95 miles. Ladies will complete two laps and the Men will complete 3 laps.

The course starts on a slight incline where runners will head straight toward the upper field via a narrow passage (see detail 2). Runners then weave around the upper field, which will include a couple of climbs, before moving on via another narrow passage (see detail 3).

After running the perimeter of the small field, runners will then cross a small wooden footbridge into the flat/downhill section of the course (see detail 4). Note that this section is quite uneven and large ruts/puddles often form along it. This section runs down towards some woodland before two sharp left turns bring runners out on to the lower field by the football pitches. It is then a steady climb back towards the start/finish (see detail 1).

We strongly recommend that you walk/recce the course before your race. Also please be aware that the park is a public space and we do not have right of way. While our marshals will endeavour to keep it clear, members of the public may be on the course.



We are required by the course risk assessment agreed with Redditch Council to tell each Club that:

1. Parents will be expected to ensure children are supervised at all times
2. All athletes should ensure they are medically fit enough to participate in the races. First aid cover will be provided. Emergency services will be called as soon as necessary, and
3. Ipsley Meadows is used by members of the public.

We look forward to a good day's cross country, but if you have any queries please get in touch..

Len Quartly (01527 501580 pre race day) (07790 950523 race day only)

Peter Ball (07730 044135)