

EXPRESSION OF INTEREST



HOME COUNTRIES
INTERNATIONAL

SATURDAY 7TH
FEBRUARY 2026

The Midland Counties have been invited to send teams to the Home Countries International Cross Country on Saturday 7th February 2026 at parliament Hill, London.

This is a high quality event run within the UK Cross Challenge Series.

Team managers Claire Martin (ladies) and Andy Bentley (men) will be looking to pick 4 Senior Men/ladies and 4 Juniors in the U20 Men/ladies Age Group.

Please email Team Managers if you would like to be considered for selection by Sunday 25th January.

Team managers will also be looking at results from the Midland XC Champs on 24th January.

Selected athletes will need to enter the race via the UK Cross Challenge event page. <https://www.entryhub.co.uk/uk-athletics-cross-challenge-london-2026>

Claire - runclairerun@hotmail.co.uk

Andy - ar.bentley@icloud.com