



Midland Counties 5 & 7 Mile Championship

High Harcourt Farm, Romsley

Saturday 22 November 2025

Women's 5 Mile Race

<u>Pos</u>	<u>Bib</u>	<u>Time</u>	<u>Name</u>	<u>Club</u>
1	223	32.21	Alice Tredgett	Severn AC
2	216	34.07	Joanne Clamp	Notts AC
3	208	34.32	Louise Collins	Halesowen AC
4	205	34.41	Katy McGonigal	Bournville Harriers
5	209	34.50	Jessica Dale	Halesowen AC
6	210	36.28	Sarah Gill	Halesowen AC
7	217	36.52	Becca Peach	Notts AC
8	234	37.15	Jessica Morris	Warwick University NS
9	230	37.29	Sally-Ann Walker	Tipton Harriers
10	200	38.18	Charlotte Baker	Bournville Harriers
11	232	39.42	Francesca Allen	Warwick University NS
12	203	40.03	Jaeda Goodman	Bournville Harriers
13	233	40.35	Charlotte Ratley	Warwick University NS
14	229	41.31	Suzu Street-Hall	Tipton Harriers
15	204	41.35	Marianne Hensman	Bournville Harriers
16	228	41.50	Lisa Kendrick	Tipton Harriers
17	218	42.13	Katie Speake	Notts AC
18	235	42.58	Meg Gawne	Warwick University NS
19	236	43.25	Blanca Barolome	Warwick University NS
20	226	43.44	Emma Stringer	Sparkhill Harriers
21	211	44.19	Sally Spencer	Halesowen AC
22	206	44.38	Sharon Fox	Bromsgrove & Redditch
23	225	45.00	Clare Bovill	Sparkhill Harriers
24	202	45.36	Jude Glynn	Bournville Harriers
25	227	47.40	Penelope Barber	Tipton Harriers
26	231	51.32	Shianne Beckett	Warwick University NS
27	207	51.42	Joan Clarke	Cobra
28	214	51.48	Julie Liggett	Northbrook AC
29	212	53.05	Ruth Hallett	Northbrook AC
30	213	53.52	Tori Boyle	Northbrook AC
31	221	54.18	Roisin McNally	Redhill Road Runners
32	201	59.51	Fiona Dawkins	Bournville Harriers
33	222	62.05	Joanne Stocks	Redhill Road Runners
34	215	68.41	Tracey Williams	Northbrook AC

1. Halesowen AC	<u>Position</u>	<u>Time</u>	<u>Name</u>
30 Points	3	34.32	Louise Collins
	5	34.50	Jessica Dale
	6	36.28	Sarah Gill
	16	44.19	Sally Spencer

2. Bournville Harriers	<u>Position</u>	<u>Time</u>	<u>Name</u>
35 Points	4	34.41	Katy McGonigal
	9	38.18	Charlotte Baker
	10	40.03	Jaeda Goodman
	12	41.35	Marianne Hensman

3. Tipton Harriers	<u>Position</u>	<u>Time</u>	<u>Name</u>
52 Points	8	37.29	Sally-Ann Walker
	11	41.31	Suzy Street-Hall
	13	41.50	Lisa Kendrick
	20	47.40	Penelope Barber

4. Northbrook AC	<u>Position</u>	<u>Time</u>	<u>Name</u>
97 Points	22	51.48	Julie Liggett
	23	53.05	Ruth Hallett
	24	53.52	Tori Boyle
	28	68.41	Tracey Williams

Men's 7 Mile Race

<u>Pos</u>	<u>Bib</u>	<u>Time</u>	<u>Name</u>	<u>Club</u>
1	58	38.12	Alastair Watson	Notts AC
2	242	38.35	Jonny Morris	Wolves & Bilston AC
3	96	39.40	Andy Jeavons	Worcester AC
4	300	40.53	Matthew Williams	Notts AC NS
5	48	41.08	Amdebrhan Berhe	Notts AC
6	56	41.19	Dylan Stanway	Notts AC
7	33	41.51	James Thomas	Halesowen ACC
8	87	42.39	Rob Meredith	Tipton Harriers
9	79	43.17	Ryan Deakin	Tipton Harriers
10	32	43.22	Alex Taylor	Halesowen ACC
11	57	43.23	William Trease	Notts AC
12	50	44.18	Ewan Collier	Notts AC
13	297	44.23	Tim Hartley	Notts AC NS
14	88	44.38	Darren Perry	Tipton Harriers
15	86	44.56	Tyler Kendrick	Tipton Harriers
16	99	44.59	Adrian Hristov	Warwick University NS
17	68	45.06	Archie Fox	Severn AC
18	93	45.17	Tim Werrett	Tipton Harriers
19	81	45.17	Korey Hazelwood	Tipton Harriers
20	98	46.14	Casey Turner	Warwick University NS
21	66	46.20	Dan Nurse	Severn AC
22	54	46.28	Alex Percy	Notts AC
23	41	46.31	Tom Hughes	Northbrook AC
24	248	46.48	Gary Worrall	Wolves & Bilston AC
25	26	46.54	Daniel Morgan-Salcombe	Halesowen ACC
26	51	46.57	Tom Dinning	Notts AC
27	83	47.03	Dean Hill	Tipton Harriers
28	243	47.30	Paul Marson	Wolves & Bilston AC
29	84	47.55	Thomas Hynes-Oughton	Tipton Harriers
30	17	47.56	Adam McIlravey	Bromsgrove & Redditch
31	16	48.12	Will Noyce	Bromsgrove & Redditch
32	97	48.29	Hamish Paisley	Warwick University NS
33	247	48.35	Rob Sannwald-Dunn	Wolves & Bilston AC
34	15	49.10	Peter Williams	Bournville Harriers
35	95	49.23	Benjamin Witham	Tipton Harriers
36	30	49.25	Ben Russell	Halesowen ACC
37	1	49.37	Tom Archer	Aldridge RC
38	4	49.44	Lee Harris	Aldridge RC
39	249	49.57	Ashley Atkinson	Wolves & Bilston AC
40	100	50.13	Jimi Mitchell	Warwick University NS
41	245	50.30	Thomas Pryor	Wolves & Bilston AC
42	29	50.38	Samuel Pugh	Halesowen ACC
43	8	50.50	Luke White	Aldridge RC
44	2	51.05	Neil Day	Aldridge RC
45	7	51.06	Michael Morley	Aldridge RC
46	61	51.12	Mark Garratt	Redhill Road Runners
47	70	51.29	David Gibbs	Severn AC
48	64	51.57	Paul Newton	Redhill Road Runners
49	43	52.06	Brian Plumb	Northbrook AC
50	246	52.11	Paul Rogers	Wolves & Bilston AC
51	71	53.03	Stephen Hale	Severn AC

52	244	53.38	Ben Pilsbury	Wolves & Bilston AC
53	25	54.07	Alex Morgan	Halesowen ACC
54	34	54.45	Oli Cantrill	Kings Heath RC
55	63	54.58	Simon Nash	Redhill Road Runners
56	67	55.15	Chris Brazier	Severn AC
57	69	55.15	Jez Fraser-Hook	Severn AC
58	6	55.16	Chris Moon	Aldridge RC
59	80	55.23	Nathan Hampson	Tipton Harriers
60	44	55.26	Robert Richardson	Northbrook AC
61	22	55.42	Mark Hadley	Halesowen ACC
62	77	55.46	Nick Stringer	Sparkhill Harriers
63	24	55.53	David Lewis	Halesowen ACC
64	85	55.59	Krisztian Karasz	Tipton Harriers
65	28	56.08	Bill Nock	Halesowen ACC
66	73	56.50	James Hannon	Sparkhill Harriers
67	9	56.56	Matthew Allen	Birmingham Striders
68	3	57.00	Peter Dimpleby	Aldridge RC
69	65	57.08	Timothy Raynor	Redhill Road Runners
70	20	57.15	Andrew Carruthers	Halesowen ACC
71	21	57.55	Mo Cusworth-Yafi	Halesowen ACC
72	35	58.15	David Hagan	Kings Heath RC
73	19	58.27	Kevin Otieno	Coventry Godiva
74	12	58.28	Tom Robinson	Bournville Harriers
75	36	58.55	Andy Hunt	Kings Heath RC
76	62	59.15	Simon Holmes	Redhill Road Runners
77	60	60.11	Pete McNally	Redhill Road Runners
78	11	61.58	Steve Morton	Bournville Harriers
79	240	62.12	Rob Edwards	Wolves & Bilston AC
80	74	62.32	Roman Kairov	Sparkhill Harriers
81	27	62.46	Andrew Nock	Halesowen ACC
82	42	62.56	Andy Offor	Northbrook AC
83	31	63.11	Phillip Scarr	Halesowen ACC
84	45	63.53	Chris Smith	Northbrook AC
85	75	63.56	Andy Law	Sparkhill Harriers
86	37	64.13	Kevin Woodward	Kings Heath RC
87	18	64.27	Martin Gittins	Coventry Godiva
88	72	65.19	Patrick Finnegan	Sparkhill Harriers
89	94	67.43	Myles Wilson	Tipton Harriers
90	39	68.39	Robert Halford	Northbrook AC
91	76	69.09	Rob Mills	Sparkhill Harriers
92	47	69.33	Greg Wallam	Northbrook AC
93	82	70.34	Laurence Heathcock	Tipton Harriers
94	40	71.10	David Halford	Northbrook AC
95	23	71.14	David Jackson	Halesowen ACC
96	59	72.22	Allan Wilson	Notts AC
97	46	72.59	David Tittle	Northbrook AC
98	38	75.40	Adrian Lowe	Northbrook AC
99	13	75.58	Paul Samuels	Bournville Harriers

1. Notts AC	<u>Position</u>	<u>Time</u>	<u>Name</u>
49 Points	1	38.12	Alastair Watson
	4	41.08	Amdebrhan Berhe
	5	41.19	Dylan Stanway
	10	43.23	William Trease
	11	44.18	Ewan Collier
	18	46.28	Alex Percy

2. Tipton Harriers	<u>Position</u>	<u>Time</u>	<u>Name</u>
71 Points	7	42.39	Rob Meredith
	8	43.17	Ryan Deakin
	12	44.38	Darren Perry
	13	44.56	Tyler Kendrick
	15	45.17	Tim Werrett
	16	45.17	Korey Hazelwood

3. Wolves & Bilston AC	<u>Position</u>	<u>Time</u>	<u>Name</u>
143 Points	2	38.35	Jonny Morris
	20	46.48	Gary Worrall
	24	47.30	Paul Marson
	28	48.35	Rob Sannwald-Dunn
	34	49.57	Ashley Atkinson
	35	50.30	Thomas Pryor

4. Halesowen ACC	<u>Position</u>	<u>Time</u>	<u>Name</u>
150 Points	6	41.51	James Thomas
	9	43.22	Alex Taylor
	21	46.54	Daniel Morgan-Salcombe
	31	49.25	Ben Russell
	36	50.38	Samuel Pugh
	47	54.07	Alex Morgan

5. Severn AC	<u>Position</u>	<u>Time</u>	<u>Name</u>
218 Points	14	45.06	Archie Fox
	17	46.20	Dan Nurse
	41	51.29	David Gibbs
	45	53.03	Stephen Hale
	50	55.15	Chris Brazier
	51	55.15	Jez Fraser-Hook

6. Aldridge RC	<u>Position</u>	<u>Time</u>	<u>Name</u>
231 Points	32	49.37	Tom Archer
	33	49.44	Lee Harris
	37	50.50	Luke White
	38	51.05	Neil Day
	39	51.06	Michael Morley
	52	55.16	Chris Moon

7. Redhill Road Runners	<u>Position</u>	<u>Time</u>	<u>Name</u>
335 Points	40	51.12	Mark Garratt
	42	51.57	Paul Newton
	49	54.58	Simon Nash
	63	57.08	Timothy Raynor
	70	59.15	Simon Holmes
	71	60.11	Pete McNally

8. Northbrook AC	<u>Position</u>	<u>Time</u>	<u>Name</u>
354 Points	19	46.31	Tom Hughes
	43	52.06	Brian Plumb
	54	55.26	Robert Richardson
	76	62.56	Andy Offor
	78	63.53	Chris Smith
	84	68.39	Robert Halford

9. Sparkhill Harriers	<u>Position</u>	<u>Time</u>	<u>Name</u>
436 Points	56	55.46	Nick Stringer
	60	56.50	James Hannon
	74	62.32	Roman Kairov
	79	63.56	Andy Law
	82	65.19	Patrick Finnegan
	85	69.09	Rob Mills

Teams scores are calculated without non-scoring athletes