Midland T&F League - Timetable 2024. Divisional Matches 2&4. Divs 3NE, 3SE (dated 15/4/2024)

	Field Events		All Eve	nts
TIME	Field	TIME	Track	Field
10:45	Hammer – Men	10:45	HUCK	Hammer – Men
11:45	Long Jump – Women	11:45		Long Jump – Women
11:45	Pole Vault – Men & Women	11:45		PV – Men & Women
11:55	Javelin – Women	11:55		Javelin – Women
12:30	Shot – Men	12:00	400mH Women	Javeiiii – Women
13:00	Long Jump – Men	12:20	400mH Men	
13:05	Hammer – Women	12:30	400111111111111	Shot - Men
13:45	High Jump – Men	12:35	800m Women	SHOT - WEII
14:00	Triple Jump – Women	12:50	800m Men	
14:15	Javelin - Men	13:00	800III WIEII	Long Jump – Men
14:15	Shot - Women	13:05	200m Women	Hammer – Women
15:25		13:05	200m n/s Women	Hammer – Women
	Discus – Men	_		
15:30	High Jump – Women	13:25	200m Men	
15:50	Triple Jump – Men Discus – Women	13:40	200m n/s Men	High Lung Adam
16:35	Discus – women	13:45	3km S/C Men	High Jump – Men
		14:00	100mH Women	Triple Jump – Women
	Total Counts	14:05		Levelin Adam
TIDAE	Track Events	14:15	3km S/C Women	Javelin - Men
TIME	Track	14:20	110 1111	Shot - Women
12:00	400mH Women	14:40	110mH Men	
12:20	400mH Men	14:55	400m Women	
12:35	800m Women	15:05	400m Men	
12:50	800m Men	15:20	1500m Women	
13:05	200m Women	15:25		Discus - Men
13:20	200m n/s Women	15:30	1500m Men	High Jump – Women
13:25	200m Men	15:40	100m Women	
13:40	200m n/s Men	15:50		Triple Jump - Men
13:45	3000m S/C Men	15:55	100m n/s Women	
14:05	100mH Women	16:00	100m Men	
14:15	3000m S/C Women	16:15	100m n/s Men	
14:40	110mH Men	16:25	3000m Men	
14:55	400m Women	16:35		Discus - Women
15:05	400m Men	16:45	3000m Women	
15:20	1500m Women	17:10	4x100m Relay Women	
15:30	1500m Men	17:20	4x100m Relay Men	
15:40	100m Women	17:30	4x400m Mixed A string	S
15:55	100m n/s Women	17:40	4x400m Mixed B string	5
16:00	100m Men			
16:15	100m n/s Men			
16:25	3000m Men			
16:45	3000m Women	_	Distance races men & wo	omen
17:10	4x100m Relay Women	_		
17:20	4 x 100m Relay Men		Match 1 & 3 2000m S/C	
17:30	4x400 Mixed A string		Match 1 & 3	5000m
17:40	4x400 Mixed B string			
	Divs 3NE, 3SE, 3SW		Match 2 & 4	3000m S/C
11:45 PV is for MEN & WOMEN			Match 2 & 4	3000m