



**MIDLAND COUNTIES
ATHLETIC ASSOCIATION**

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THE DERBY RUNNER
SPECIALIST RUNNING EQUIPMENT

January 2024

Dear Team Manager / Entries Secretary

**MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION & DERBY RUNNER
CROSS COUNTRY CHAMPIONSHIPS
NEWBOLD COMYN, LEAMINGTON
27TH JANUARY 2024 COMMENCING 11.00AM**

Thank you for your entry to the Midland Counties Cross Country Association Championships to be held at Newbold Comyn Leamington. Travel details for the venue, and a timetable are attached. Please note that there are significant changes to parking arrangements this year so please read the Travel Directions which accompany this letter. Can you please ensure that everyone from your club that is attending the event gets a copy of these details. **If you require to drop off a club tent or need disabled parking, please contact the Office before 22nd January. Coaches / Minibuses must contact the MCAA Office before the day for parking arrangements.**

The course maps will be available on the website and will be on view at the venue. All available details can be found on our website.

Collection of Numbers: Numbers, which will have the chips attached, for the first five races can be picked up before only by team managers /club secretaries (do not forget your pins)

A list of Athletes competing in the championships can be viewed after the closing date on the XC Championship page on the Midland Counties Website.

PLEASE NOTE THAT ALL AGE GROUPS ARE USING CHIPS WHICH WILL BE INCORPORATED INTO THE ATHLETES' NUMBERS.

We also would ask you to remind your athletes and supporters to respect the rules and regulations of the Association and behave in a fit and proper manner to other users of Newbold Comyn i.e. members of the public, fellow athletes, and supporters.

Please note: A cut off time of approx. 75 minutes is in operation for the final race of the day. Athletes still on the course can continue to finish but parts of the course will start to be dismantled after this cut off time. Finish recording will be reduced to a minimum for these later finishers.

Should you require any further information prior to the day of the event then please contact the MCAA office on Email: roadandxc@mcaa.org.uk Tel: 0121 344 4201.

In the event of prevailing bad weather conditions, you are asked to look at the MCAA website www.midland-athletics.co.uk for the latest information.

Yours sincerely

Mick

**Mick Robinson
Acting Chairman**



MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION & DERBY RUNNER

Midland Cross Country Championships

Newbold Comyn, Leamington

27TH JANUARY 2024

TIMETABLE FOR THE CHAMPIONSHIPS

11:00	Under 13 GIRLS	Four to Score	3km
11:20	Under 13 BOYS	Four to Score	3km
11:35	Under 15 GIRLS	Four to Score	4km
11:55	Under 15 BOYS	Four to Score	4km
12:15	Under 17 WOMEN	Three to Score	5km
12:45	Under 17 MEN	Four to Score	6km
13:15	Under 20 WOMEN	Three to Score	6km
13:40	Senior WOMEN	Four to Score	8km
14:30	Under 20 MEN	Four to Score	8km
15:00	Senior MEN	Six to Score	12km



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