

MCAA T&F League.		Type=	Photo-finish timing
Date=	09/09/2023	Division=	1
Match no.	4	Venue=	Birmingham University

Club	Points
Birmingham Running & Tri Club	544
Bristol & West AC	507
Cannock & Stafford AC	424
Gloucester AC	530
Notts AC	442.5
Rugby & Northampton AC	493.5

#### Officials' Points

Team	Birmingham	Bristol & West AC	Cannock & Stafford AC	Gloucester AC	Notts AC	Rugby & Northampton AC
Points	20	20	20	20	5	20

Event	Event	100 metres	MEN				
100	A string	Wind reading if applic	0.1 m/s			Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Ed Wilson	BriW	2	10.93	11	0
	2	Dan Hindle	BRAT	1	11.26	9	0
	3	Oliver Parker	R&N	6	11.40	7	0
	4	Thomas Larkin	C&S	3	11.48	6	0
	5	Ben Reeves	Glouc	4	12.40	5	0
	6	Rory Birtwistle	Notts	5	13.04	4	0

Event	Event	100 metres	MEN				
100	B string	Wind reading if applic	-0.3 m/s			Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Ryan Brady	BriW	22	11.33	9	0
	2	Nathaniel Walker	BRAT	11	11.42	7	0
	3	Christopher Bennett	C&S	33	11.68	5	0
	4	Flynn Ridgway	R&N	66	11.75	4	0
	5	David Hawkins	Glouc	44	11.86	3	0
	6	Morgan Dodson	Notts	55	13.12	2	0

Event	Event	100 metres	MEN				
100	C string	Wind reading if applic	-0.2 m/s			Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Matthew Hula	BriW	222	11.89	7	0
	2	Jaydon Allen Bramble	R&N	666	11.98	5	0

Event	Event	200 metres	MEN				
200	A string	Wind reading if applic	-1.1 m/s			Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Ed Wilson	BriW	2	21.94	11	0
	2	Oliver Parker	R&N	6	22.45	9	0
	3	Dan Hindle	BRAT	1	22.94	7	0
	4	Thomas Larkin	C&S	3	23.11	6	0
	5	David Hawkins	Glouc	4	24.07	5	0
	6	Morgan Dodson	Notts	5	29.02	4	0

Event	Event	200 metres	MEN				
200	B string	Wind reading if applic	-1.3 m/s			Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Saeed Numeri	R&N	66	22.52	9	0
	2	Ryan Brady	BriW	22	22.92	7	0
	3	Derick Appiah	BRAT	11	23.07	5	0
	4	Christopher Bennett	C&S	33	23.51	4	0
	5	Rory Birtwistle	Notts	55	26.08	3	0
	6	Oliver Mitchell	Glouc	44	26.13	2	0

Event	Event	200 metres	MEN				
200	C string	Wind reading if applic	0.8 m/s			Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Matthew Hula	BriW	222	24.02	7	0

Event	Event 400 metres				MEN		
400	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Saeed Numeri	R&N	6	48.45	11	5
	2	Calum Haycock	C&S	3	51.39	9	0
	3	James Colclough	BRAT	1	52.24	7	0
	4	Ollie Robertson- Kurd	BriW	2	54.18	6	0
	5	Jack Wickham	Notts	5	56.62	5	0
	6	Oliver Mitchell	Glouc	4	61.51	4	0

Event	Event 400				MEN		
400	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Morrie Parker	R&N	66	52.00	9	0
	2	Henry Heathcote	C&S	33	53.06	7	0
	3	Jacob Gosnall	BRAT	11	54.30	5	0
	4	Harry Wood	BriW	22	54.74	4	0
	5	Nathan To	Notts	55	60.70	3	0
	6	Owen Parry	Glouc	44	63.51	2	0

Event	Event 400				MEN		
400	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Aidan O'Brien	R&N	666	52.56	7	0
	2	Craig Carr	C&S	333	54.73	5	0
	3	Alex Ohagei	BRAT	111	58.66	4	0

Event	Event 800 metres				MEN		
800	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jake Williamson	BRAT	1	1:57.79	11	0
	2	Haydn Arnall	R&N	6	2:00.61	9	0
	3	Ollie Robertson- Kurd	BriW	2	2:01.08	7	0
	4	Jordan Barrett	C&S	3	2:03.38	6	0
	5	Tim Hartley	Notts	5	2:18.00	5	0
	6	Oliver Mitchell	Glouc	4	2:27.44	4	0

Event	Event 800				MEN		
800	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	James McCann	C&S	33	2:04.11	9	0
	2	Henry Brocklehurst	BRAT	11	2:04.46	7	0
	3	Arthur Tilt	R&N	66	2:05.02	5	0
	4	Aled Anderson	BriW	22	2:11.23	4	0
	5	Kyle Neal	Glouc	44	2:17.94	3	0
	6	Nathan To	Notts	55	2:39.38	2	0

Event	Event 800				MEN		
800	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Daniel Thornton	BriW	222	2:21.72	7	0
	2	Malcolm Eustace	C&S	333	2:27.40	5	0

Event	Event 110H metres				MEN		
110H	A string	Wind reading if applic	1.1	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Alasdair Rigby	C&S	3	16.27	11	0
	2	Jack Wickham	Notts	5	17.53	9	0
	3	Alexander Clegg	BRAT	1	17.73	7	0
	4	Josh Robinson	Glouc	4	18.86	6	0
	5	Charlie Barker	R&N	6	24.22	5	0

Event	Event 110H				MEN		
110H	B string	Wind reading if applic	1	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Tom Beckett	Glouc	44	19.49	9	0
	2	Mike Bull	BRAT	11	27.85	7	0

Event	Event		400H metres		MEN		
400H	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Alasdair Rigby	C&S	3	58.06	11	0
	2	Oscar Wilson	Glouc	4	60.29	9	0
	3	Ashley Nkomazana	Notts	5	60.70	7	0
	4	Alex Stewart	BriW	2	61.74	6	0
	5	JP Stolberg	BRAT	1	61.97	5	0
	6	Charlie Barker	R&N	6	63.53	4	0

Event	Event						
400H	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Joshua Robinson	Glouc	444	61.72	9	0
	2	Jack Wickham	Notts	55	62.07	7	0
	3	Callum Collins	BriW	22	79.34	5	0

Event	Event						
400H	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kyle Neal	Glouc	44	66.79	7	0
	2	Nathan To	Notts	555	68.65	5	0

Event	Event		1500 metres		MEN		
1500	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jethro McGraw	BRAT	1	4:00.33	11	0
	2	Oliver Demain	Glouc	4	4:03.31	9	0
	3	Steve Kerfoot	BriW	2	4:10.89	7	0
	4	Chris Lamb	R&N	6	4:21.09	6	0
	5	Steve Long	Notts	5	4:23.82	5	0
	6	James McCann	C&S	3	4:30.80	4	0

Event	Event						
1500	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Alex Stewart	BriW	22	4:12.94	9	0
	2	Will McKemey	BRAT	11	4:16.42	7	0
	3	Duncan Birtwistle	R&N	66	4:26.88	5	0
	4	Tim Hartley	Notts	55	4:27.29	4	0
	5	Jordan Barrett	C&S	33	4:38.01	3	0
	6	Jason Tilley	Glouc	44	4:59.30	2	0

Event	Event		3000 metres		MEN		
3000	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jethro McGraw	BRAT	1	8:47.10	11	0
	2	Tim Hartley	Notts	5	9:12.28	9	0
	3	Joseph Comerford	R&N	6	9:14.57	7	0
	4	Lee Gawler	BriW	2	9:15.70	6	0
	5	Owen Parry	Glouc	4	10:01.59	5	0
	6	Jez Redler	C&S	3	10:16.53	4	0

Event	Event						
3000	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Dan Robinson	BRAT	11	9:14.22	9	0
	2	Finlay Ward	R&N	66	9:36.30	7	0
	3	Aled Anderson	BriW	222	9:51.86	5	0
	4	Steve Long	Notts	55	10:37.94	4	0
	5	Jeremy Mower	Glouc	44	10:50.92	3	0
	6	Craig Pearson	C&S	33	11:02.25	2	0

Event	Event						
3000	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chris Stockdale	BRAT	111	9:43.16	7	0
	2	Tariq Kurd	BriW	22	10:09.28	5	0

Event	Event	3000SC	metres	MEN			
3000SC	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	JP Stolberg	BRAT	1	9:33.57	11	5
	2	Alex Stewart	BriW	2	9:40.12	9	5
	3	Haydn Arnall	R&N	6	10:19.07	7	0
	4	Jason Tilley	Glouc	4	11:38.63	6	0
	5	Darrell Wilde	C&S	3	12:29.72	5	0
	6	Tom Dinning	Notts	5	12:54.83	4	0

Event	Event	3000SC	metres	MEN			
3000SC	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Steve Kerfoot	BriW	22	9:45.49	9	5
	2	Henry Brocklehurst	BRAT	11	10:04.85	7	0
	3	Duncan Birtwistle	R&N	66	10:32.86	5	0
	4	Jeremy Mower	Glouc	44	12:26.06	4	0

Event	Event	4x100	metres	MEN			
4x100	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Bristol & West AC	BriW	2	44.26	11	
	2	Rugby & Northampton AC	R&N	6	45.04	9	
	3	Cannock & Stafford AC	C&S	3	45.49	7	
	4	Gloucester AC	Glouc	4	46.47	6	
	5	Notts AC	Notts	5	46.91	5	
	6	Birmingham Running & Tri Club	BRAT	1	DQ	0	

Event	Event	4x400	metres	MEN			
4x400	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Rugby & Northampton AC	R&N	6	3:30.67	11	
	2	Gloucester AC	Glouc	4	3:35.03	9	
	3	Cannock & Stafford AC	C&S	3	3:35.17	7	
	4	Notts AC	Notts	5	3:45.01	6	
	5	Bristol & West AC	BriW	2	3:47.82	5	
	6	Birmingham Running & Tri Club	BRAT	1	DQ	0	

Event	Event	HJ	metres	MEN			
HJ	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Harry Whyley	Notts	5	2.04	11	5
	2	Joel Townley	Glouc	4	1.80	9	0
	3	Oke Okere	R&N	66	1.75	7	0
	4	Jacob Gosnall	BRAT	1	1.70	6	0
	5	Alasdair Rigby	C&S	3	1.65	5	0

Event	Event	HJ	metres	MEN			
HJ	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Rory Birtwistle	Notts	55	1.70	9	0
	2	Louis Wakelam Sloan	BRAT	111	1.65	7	0
	3	Flynn Ridgway	R&N	666	1.65	5	0
	4	James Ritchie	Glouc	44	1.60	4	0

Event	Event	HJ	metres	MEN			
HJ	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Oscar Wilson	Glouc	444	1.60	7	0
	2	Charlie Barker	R&N	6	1.55	5	0
	3	Sam Morris	BRAT	11	1.55	4	0
	4	Morgan Dodson	Notts	555	1.40	3	0

Event	Event	PV	metres	MEN				
PV	A string					Position	Bonus	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Harry Petyt	BriW	2	4.30	11	5	
	2	Josh Robinson	Glouc	4	3.80	8	0	
	2	Kofi Afirifah-Mensah	Notts	5	3.80	8	0	
	4	Alexander Clegg	BRAT	1	3.40	6	0	
	5	Rhys Owen	R&N	6	3.20	5	0	

Event	Event							
PV	B string					Position	Bonus	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Kyle Neal	Glouc	44	3.40	9	0	
	2	Leo Hastings	R&N	66	2.80	7	0	
	3	Mike Bull	BRAT	11	2.40	5	0	
	4	Harry Whyley	Notts	55	NM	0	0	

Event	Event	LJ	metres	MEN				
LJ	A string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Joel Townley	Glouc	4	6.68	11	0	
	2	Harry Whyley	Notts	555	6.37	9	0	
	3	Oke Okere	R&N	66	6.17	7	0	
	4	Jacob Gosnell	BRAT	11	5.74	6	0	
	5	Matthew Hula	BriW	2	5.23	5	0	
	6	Thomas Larkin	C&S	3	4.89	4	0	

Event	Event							
LJ	B string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Jaydon Allen Bramble	R&N	6	6.17	9	0	
	2	Jonah Wigglesworth	Glouc	444	5.96	7	0	
	3	Matthew Madden	Notts	5	5.83	5	0	
	4	Nathaniel Walker	BRAT	1	5.23	4	0	
	5	George Hunter	BriW	22	5.03	3	0	
	6	Calum Haycock	C&S	33	4.17	2	0	

Event	Event							
LJ	C string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Tom Beckett	Glouc	44	5.78	7	0	
	2	Fraser Kesteven	Notts	55	5.13	5	0	

Event	Event	TJ	metres	MEN				
TJ	A string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Joel Townley	Glouc	4	14.30	11	5	
	2	Jaydon Allen Bramble	R&N	6	11.62	9	0	
	3	Fraser Kesteven	Notts	5	11.25	7	0	
	4	Jake Williamson	BRAT	11	11.15	6	0	
	5	Thomas Larkin	C&S	3	10.63	5	0	
	6	George Hunter	BriW	2	NM	0	0	

Event	Event							
TJ	B string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Oke Okere	R&N	666	11.40	9	0	
	2	Tom Beckett	Glouc	44	10.82	7	0	
	3	JP Stolberg	BRAT	1	10.61	5	0	
	4	Morgan Dodson	Notts	55	10.31	4	0	

Event	Event							
TJ	C string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Flynn Ridgway	R&N	66	11.30	7	0	
	2	James Ritchie	Glouc	444	10.49	5	0	

Event	Event	SP	metres	MEN			
SP	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Fenton Bishop Timmings	R&N	6	12.20	11	0
	2	Matt Halton	Notts	5	12.14	9	0
	3	Alexander Clegg	BRAT	1	11.37	7	0
	4	Toby Yate	Glouc	4	10.65	6	0
	5	Jack Turner	C&S	3	9.95	5	0
	6	Ruben Brady	BriW	2	9.28	4	0

Event	Event	SP	metres	MEN			
SP	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Ray McKenna	R&N	66	10.56	9	0
	2	Mike Bull	BRAT	11	10.21	7	0
	3	Tom Beckett	Glouc	44	9.05	5	0
	4	Matthew Madden	Notts	55	8.37	4	0
	5	Martin Roberts	C&S	33	6.68	3	0
	6	Tariq Kurd	BriW	22	5.13	2	0

Event	Event	SP	metres	MEN			
SP	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Andy Wilson	Glouc	444	6.98	7	0

Event	Event	DT	metres	MEN			
DT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Alexander Clegg	BRAT	1	32.72	11	0
	2	Matt Halton	Notts	5	32.62	9	0
	3	Ray McKenna	R&N	6	32.53	7	0
	4	Jack Turner	C&S	3	30.62	6	0
	5	Toby Yate	Glouc	4	30.49	5	0
	6	Ruben Brady	BriW	2	23.67	4	0

Event	Event	DT	metres	MEN			
DT	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jake Williamson	BRAT	111	27.44	9	0
	2	Kevin Murch	R&N	66	25.37	7	0
	3	Alasdair Rigby	C&S	33	25.29	5	0
	4	Kyle Neal	Glouc	44	24.91	4	0
	5	Matthew Madden	Notts	555	18.18	3	0
	6	Tariq Kurd	BriW	22	10.89	2	0

Event	Event	DT	metres	MEN			
DT	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Mike Bull	BRAT	11	22.40	7	0
	2	Martin Roberts	C&S	333	15.90	5	0
	3	Fraser Kesteven	Notts	55	11.18	4	0

Event	Event	HT	metres	MEN			
HT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jack Turner	C&S	3	48.64	11	5
	2	Kevin Murch	R&N	6	30.97	9	0
	3	Jamie Callaghan	BRAT	1	30.84	7	0
	4	Matt Halton	Notts	5	23.97	6	0
	5	Ruben Brady	BriW	22	20.51	5	0
	6	Andrew McKenzie	Glouc	4	18.26	4	0

Event							
HT	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Martin Roberts	C&S	33	30.26	9	0
	2	Ray McKenna	R&N	66	18.95	7	0
	3	Andy Wilson	Glouc	44	18.20	5	0
	4	Nigel Clegg	BRAT	11	14.90	4	0
	5	Fraser Kesteven	Notts	55	13.23	3	0

Event							
HT	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Shaun Ainge	C&S	333	12.01	7	0

Event	Event	JT	metres	MEN			
JT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Fenton Bishop Timmings	R&N	6	58.08	11	5
	2	Alexander Clegg	BRAT	1	47.18	9	0
	3	Kyle Neal	Glouc	44	35.07	7	0
	4	Alasdair Rigby	C&S	3	34.48	6	0
	5	Matthew Madden	Notts	55	28.53	5	0
	6	Maxwell Jackson	BriW	22	28.24	4	0

Event							
JT	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kevin Murch	R&N	66	41.58	9	0
	2	Sam Morris	BRAT	111	34.52	7	0
	3	Oscar Wilson	Glouc	4	31.11	5	0
	4	Matt Halton	Notts	5	25.62	4	0
	5	Darrell Wilde	C&S	33	24.18	3	0
	6	Ruben Brady	BriW	2	22.51	2	0

Event							
JT	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Louis Wakelam Sloan	BRAT	11	30.38	7	0
	2	Dave Grum	R&N	666	27.88	5	0
	3	Morgan Dodson	Notts	555	20.67	4	0
	4	Tariq Kurd	BriW	222	11.20	3	0
	5	Jack Turner	C&S	333	3.41	2	0

Event	Event 100 metres							
100	A string	Wind reading if applic	-0.8 m/s			Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Ella Edwards	Glouc	4	12.35	11	0	
	2	Nancy Foster-Jones	BRAT	1	12.36	9	0	
	3	Isabel Mur	R&N	6	12.39	7	0	
	4	Ella Bowell	BriW	2	12.49	6	0	
	5	Amy Taylor	Notts	5	12.53	5	0	
	6	Mia Wainwright	C&S	3	13.27	4	0	

Event	Event 100						
100	B string	Wind reading if applic	-0.3 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Eleanor Mcintosh	BriW	22	12.95	9	0
	2	Nia Myers	Notts	55	13.10	7	0
	3	Lousia Bando	BRAT	11	13.11	5	0
	4	Ellena Ruddock	R&N	66	13.53	4	0
	5	Ella Julin	Glouc	44	13.75	3	0
	6	Lucy Wain	C&S	33	13.84	2	0

Event	Event 100						
100	C string	Wind reading if applic	0.1 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Rosa Ford	BriW	222	13.14	7	0
	2	Charlotte Hall	C&S	333	13.74	5	0
	3	Chloe Keeble	R&N	666	15.05	4	0

Event	Event 200 metres						
200	A string	Wind reading if applic	-1.9 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Amy Taylor	Notts	5	25.55	11	0
	2	Nancy Foster-Jones	BRAT	1	25.93	9	0
	3	Ella Edwards	Glouc	4	26.30	7	0
	4	Lily Bailey	BriW	2	26.65	6	0
	5	Mia Wainwright	C&S	3	26.86	5	0
	6	Chloe Keeble	R&N	6	31.20	4	0

Event	Event 200						
200	B string	Wind reading if applic	-0.4 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Pauline Ngouopou	Glouc	44	25.44	9	0
	2	Eleni Francis	BriW	22	26.57	7	0
	3	Isla O'Connor	BRAT	11	26.75	5	0
	4	Charis Farmer	C&S	33	27.75	4	0
	5	Emily Rawson	Notts	55	27.83	3	0

Event	Event 200						
200	C string	Wind reading if applic	1.2 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Rosa Ford	BriW	222	26.66	7	0
	2	Lucy Wain	C&S	333	27.87	5	0
	3	Ella Julin	Glouc	444	29.50	4	0



Event	Event 400 metres							
400	A string					Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Eleanor Mcintosh	BriW	2	56.48	11	5	
	2	Natalie Griffiths	C&S	3	59.92	9	0	
	3	Shadonnae Nwanaforo	BRAT	1	61.28	7	0	
	4	Ellena Ruddock	R&N	6	61.40	6	0	
	5	Emily Rawson	Notts	5	62.65	5	0	
	6	Amber Spackman	Glouc	4	67.30	4	0	

Event	Event 400 metres							
400	B string					Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Chloe Wilde	C&S	333	61.18	9	0	
	2	Isla O'Connor	BRAT	11	61.33	7	0	
	3	Amelia Honor	BriW	22	65.58	5	0	
	4	Chloe Keeble	R&N	66	72.19	4	0	
	5	Jo Clamp	Notts	55	78.84	3	0	

Event	Event 400 metres							
400	C string					Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Hannah Burney	C&S	33	61.18	7	0	
	2	Annabelle Crossdale	Notts	555	86.48	5	0	

Event	Event 800 metres							
800	A string					Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Chloe Wilde	C&S	3	2:27.42	11	0	
	2	Amelia Honor	BriW	2	2:29.49	9	0	
	3	May Smith	BRAT	1	2:29.77	7	0	
	4	Ava Rogerson	R&N	6	2:31.21	6	0	
	5	Amber Spackman	Glouc	4	2:33.42	5	0	
	6	Jo Clamp	Notts	5	2:51.55	4	0	

Event	Event 800 metres							
800	B string					Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Marie Monaghan	BriW	22	2:25.26	9	0	
	2	Ella Beeson	C&S	33	2:36.10	7	0	
	3	Naomi Rae	BRAT	11	2:53.94	5	0	
	4	Jacqui Holloway	Glouc	44	3:12.11	4	0	
	5	Fiona Palmer	Notts	55	3:30.63	3	0	

Event	Event 800 metres							
800	C string					Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Maria Jones	BriW	222	2:26.56	7	0	
	2	Sue Kneill-Boxley	C&S	333	3:04.82	5	0	

Event	Event 100H metres							
100H	A string	Wind reading if applic	0.3 m/s			Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Isabel Mur	R&N	6	14.56	11	5	
	2	Amy Taylor	Notts	5	14.61	9	5	
	3	Hayley Perrin	BRAT	1	15.07	7	5	
	4	Natalie Griffiths	C&S	3	21.49	6	0	
	5	Ula Mohammed	Glouc	4	21.74	5	0	

Event	Event 100H metres							
100H	B string	Wind reading if applic	-1 m/s			Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Bonheur Tshibola	BRAT	11	16.17	9	0	
	2	Jacqui Holloway	Glouc	44	22.67	7	0	
	3	Charis Farmer	C&S	33	DNF	0	0	

Event	Event 100H metres							
100H	C string	Wind reading if applic	-1 m/s			Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Diaz Mckenzie	BRAT	111	17.41	7	0	

Event	Event		400H metres				
400H	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Bonheur Tshibola	BRAT	1	66.77	11	0
	2	Natalie Griffiths	C&S	3	66.96	9	0
	3	Nia Myers	Notts	5	71.27	7	0
	4	Jacqui Holloway	Glouc	4	82.34	6	0
	5	Henrietta Anstey	BriW	2	96.53	5	0

Event	Event		400H metres				
400H	B string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Charlotte Hall	C&S	33	74.85	9	0
	2	Ula Mohammed	Glouc	44	82.33	7	0

Event	Event		1500 metres				
1500	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lucy Stevens	R&N	6	4:58.96	11	0
	2	Danni Sinclair	BriW	2	5:02.44	9	0
	3	Briony Bishop	Glouc	44	5:07.12	7	0
	4	Allegra Soutar	C&S	3	5:08.37	6	0
	5	Jo Clamp	Notts	5	5:45.01	5	0
	6	Naomi Rae	BRAT	1	5:52.14	4	0

Event	Event		1500 metres				
1500	B string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Tracy Hinxman	Glouc	4	5:12.49	9	0
	2	Sarah Everett	BriW	22	5:30.71	7	0
	3	Ella Beeson	C&S	33	6:02.17	5	0
	4	Monica Baptista	BRAT	11	6:09.47	4	0
	5	Courtney Depala	R&N	666	6:14.14	3	0
	6	Fiona Palmer	Notts	55	6:58.63	2	0

Event	Event		1500 metres				
1500	C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lyndsey Owen	R&N	66	6:28.59	7	0

Event	Event		3000 metres				
3000	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Evie Marston	R&N	6	10:45.67	11	0
	2	Hannah Pollak	BriW	2	10:49.76	9	0
	3	Millie Porter	Glouc	4	10:51.71	7	0
	4	Grace Brocklehurst	BRAT	11	11:04.43	6	0
	5	Katie Burney	C&S	33	11:41.52	5	0
	6	Jo Clamp	Notts	5	12:28.10	4	0

Event	Event		3000 metres				
3000	B string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lindsay Moody	BRAT	1	11:19.36	9	0
	2	Marie Monaghan	BriW	22	11:39.42	7	0
	3	Allegra Soutar	C&S	3	11:48.40	5	0
	4	Hayley Wood	R&N	66	13:44.39	4	0
	5	Jacqui Holloway	Glouc	44	15:15.32	3	0

Event	Event		3000 metres				
3000	C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Clare Jolliffe	BriW	222	11:50.36	7	0

Event	Event	3000SC	metres				
3000SC	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Hannah Pollak	BriW	2	12:50.62	11	0
	2	Jo Clamp	Notts	5	13:40.77	9	0
	3	Jacqui Holloway	Glouc	4	16:14.58	7	0
	4	Aoife Gallagher	BRAT	1	17:02.58	6	0

Event	Event	4x100	metres				
4x100	A string				Formatted Performance	Position Points	
WOMEN	Position	Competitor	Club	Bib Number			
	1	Bristol & West AC	BriW	2	48.94	11	
	2	Birmingham Running & Tri Club	BRAT	1	49.47	9	
	3	Cannock & Stafford AC	C&S	3	51.84	7	
	4	Notts AC	Notts	5	51.90	6	
	5	Gloucester AC	Glouc	4	52.04	5	

Event	Event	4x400	metres	WOMEN			
4x400	A string				Formatted Performance	Position Points	
WOMEN	Position	Competitor	Club	Bib Number			
	1	Bristol & West AC	BriW	2	4:07.54	11	
	2	Cannock & Stafford AC	C&S	3	4:07.64	9	
	3	Birmingham Running & Tri Club	BRAT	1	4:12.93	7	
	4	Notts AC	Notts	5	4:23.18	6	
	5	Rugby & Northampton AC	R&N	6	DQ	0	

Event	Event	HJ	metres				
HJ	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Lily Bailey	BriW	2	1.65	11	0
	2	Hayley Perrin	BRAT	1	1.60	9	0
	3	Pauline Ngouopou	Glouc	4	1.55	7	0
	4	Heather Law	C&S	3	1.50	5.5	0
	4	Natasha Need	Notts	5	1.50	5.5	0
	6	Juliet Smith	R&N	6	1.50	4	0

Event	Event	HJ	metres				
HJ	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Emma Lyons	Notts	55	1.45	9	0
	2	Lily Smith	BRAT	11	1.40	7	0
	3	Sam Barrett	BriW	22	1.35	5	0
	4	Chloe Wilde	C&S	33	1.30	3.5	0
	4	Janelle Quinn	R&N	66	1.30	3.5	0

Event	Event	HJ	metres				
HJ	C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Diaz Mckenzie	BRAT	111	1.35	7	0

Event	Event	PV	metres				
PV	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Emma Lyons	Notts	5	3.60	11	5
	2	Cara Brown	C&S	3	2.30	9	0
	3	Cat Thomas	Glouc	4	1.90	7	0

Event	Event	LJ	metres					
LJ	A string				Formatted	Position	Bonus	Wind if applic
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Pauline Ngouopou	Glouc	4	6.01	11	5	
	2	Hayley Perrin	BRAT	1	5.40	9	0	
	3	Eleni Francis	BriW	22	5.37	7	0	
	4	Savannah McKenzie Morgan	R&N	6	5.20	6	0	
	5	Mia Wainwright	C&S	3	5.01	5	0	
	6	Emma Lyons	Notts	5	4.87	4	0	

Event	Event	LJ	metres					
LJ	B string				Formatted	Position	Bonus	Wind if applic
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Ella Bowell	BriW	2	5.35	9	0	
	2	Lily Smith	BRAT	11	4.86	7	0	
	3	Isabelle Kelly	C&S	33	4.82	5	0	
	4	Kate Davies	Glouc	44	4.72	4	0	
	5	Emily Rawson	Notts	55	4.02	3	0	
	6	Juliet Smith	R&N	66	3.94	2	0	

Event	Event	LJ	metres					
LJ	C string				Formatted	Position	Bonus	Wind if applic
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Rosa Ford	BriW	222	5.25	7	0	
	2	Jacqui Holloway	Glouc	444	3.82	5	0	
	3	Fiona Palmer	Notts	555	2.91	4	0	

Event	Event	TJ	metres					
TJ	A string				Formatted	Position	Bonus	Wind if applic
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Pauline Ngouopou	Glouc	4	12.98	11	5	
	2	Sam Barrett	BriW	2	10.47	9	0	
	3	Isabelle Kelly	C&S	3	9.75	7	0	
	4	Bonheur Tshibola	BRAT	11	9.75	6	0	
	5	Emma Lyons	Notts	5	9.45	5	0	
	6	Janelle Quinn	R&N	66	8.46	4	0	

Event	Event	TJ	metres					
TJ	B string				Formatted	Position	Bonus	Wind if applic
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Isla O'Connor	BRAT	1	9.51	9	0	
	2	Anyha Kerr	BriW	22	9.13	7	0	
	3	Natalie Griffiths	C&S	333	9.05	5	0	
	4	Cat Thomas	Glouc	44	8.82	4	0	
	5	Juliet Smith	R&N	6	7.73	3	0	

Event	Event	TJ	metres					
TJ	C string				Formatted	Position	Bonus	Wind if applic
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Mia Wainwright	C&S	33	8.69	7	0	
	2	Jenny Scott	BRAT	111	8.39	5	0	

Event	Event	SP	metres					
SP	A string				Formatted	Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Moni Brady	BriW	2	10.22	11	0	
	2	Poppy Bean	Notts	55	9.92	9	0	
	3	Hayley Perrin	BRAT	1	9.33	7	0	
	4	Kate Davies	Glouc	4	8.92	6	0	
	5	Charlotte Bowers	R&N	6	7.77	5	0	
	6	Sapphire Wainwright	C&S	33	6.65	4	0	

Event	B string				Formatted	Position	Bonus
SP	Position	Competitor	Club	Bib Number	Performance	Points	Points
<b>WOMEN</b>	1	Maria Townsend	BriW	22	9.09	9	0
	2	Annabelle Crossdale	Notts	5	9.02	7	0
	3	Debbie Murch	R&N	666	7.73	5	0
	4	Maisie Scamp	BRAT	11	7.63	4	0
	5	Ellen Thrall	Glouc	44	7.52	3	0
	6	Charlotte Hall	C&S	3	5.64	2	0

Event	C string				Formatted	Position	Bonus
SP	Position	Competitor	Club	Bib Number	Performance	Points	Points
<b>WOMEN</b>	1	Emma Lyons	Notts	555	7.98	7	0
	2	Charlotte Stallard	Glouc	444	7.32	5	0
	3	Janelle Quinn	R&N	66	6.08	4	0

Event	A string		metres		Formatted	Position	Bonus
DT	Position	Competitor	Club	Bib Number	Performance	Points	Points
<b>WOMEN</b>	1	Elise Bue	Glouc	4	37.94	11	5
	2	Grace Pollard	R&N	6	35.70	9	5
	3	Jenny Scott	BRAT	1	29.00	7	0
	4	Poppy Bean	Notts	55	24.28	6	0
	5	Moni Brady	BriW	2	21.35	5	0
	6	Natalie Griffiths	C&S	3	17.30	4	0

Event	B string				Formatted	Position	Bonus
DT	Position	Competitor	Club	Bib Number	Performance	Points	Points
<b>WOMEN</b>	1	Ellen Thrall	Glouc	44	27.17	9	0
	2	Ruby Smith	BRAT	11	24.80	7	0
	3	Emma Lyons	Notts	5	24.20	5	0
	4	Charlotte Bowers	R&N	666	23.19	4	0
	5	Maria Townsend	BriW	22	20.19	3	0
	6	Sapphire Wainwright	C&S	33	15.09	2	0

Event	C string				Formatted	Position	Bonus
DT	Position	Competitor	Club	Bib Number	Performance	Points	Points
<b>WOMEN</b>	1	Kate Davies	Glouc	444	22.09	7	0
	2	Annabelle Crossdale	Notts	555	21.39	5	0
	3	Debbie Murch	R&N	66	20.89	4	0
	4	Molly Scamp	BRAT	111	18.89	3	0

Event	A string		metres		Formatted	Position	Bonus
HT	Position	Competitor	Club	Bib Number	Performance	Points	Points
<b>WOMEN</b>	1	Annabelle Crossdale	Notts	5	55.84	11	5
	2	Ellen Thrall	Glouc	4	44.66	9	5
	3	Charlotte Bowers	R&N	6	39.38	7	0
	4	Karen Bailey	BRAT	11	35.37	6	0
	5	Moni Brady	BriW	2	34.13	5	0
	6	Natalie Griffiths	C&S	3	20.19	4	0

Event	B string				Formatted	Position	Bonus
HT	Position	Competitor	Club	Bib Number	Performance	Points	Points
<b>WOMEN</b>	1	Poppy Bean	Notts	55	51.90	9	5
	2	Charlotte Stallard	Glouc	44	37.19	7	0
	3	Debbie Murch	R&N	66	27.72	5	0
	4	Jenny Scott	BRAT	1	26.87	4	0
	5	Maria Townsend	BriW	22	19.50	3	0
	6	Charlotte Hall	C&S	33	13.12	2	0

Event	C string				Formatted	Position	Bonus
HT	Position	Competitor	Club	Bib Number	Performance	Points	Points
<b>WOMEN</b>	1	Helen Callaghan	BRAT	111	NM	0	0

Event	Event	JT	metres				
JT	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kate Davies	Glouc	4	36.28	11	5
	2	Anyha Kerr	BriW	2	30.13	9	0
	3	Lilian Smith	BRAT	11	28.43	7	0
	4	Effy Katsogiani	R&N	6	24.48	6	0
	5	Helen Robbins	Notts	55	19.37	5	0
	6	Chloe Wilde	C&S	3	17.31	4	0

Event	Event	JT					
JT	B string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jenny Scott	BRAT	1	26.15	9	0
	2	Charlotte Bowers	R&N	666	24.23	7	0
	3	Maria Townsend	BriW	22	20.62	5	0
	4	Jacqui Holloway	Glouc	44	16.31	4	0
	5	Annabelle Crossdale	Notts	5	15.44	3	0
	6	Charlotte Hall	C&S	33	14.20	2	0

Event	Event	JT					
JT	C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Debbie Murch	R&N	66	20.12	7	0
	2	Fiona Palmer	Notts	555	11.24	5	0
	3	Cat Thomas	Glouc	444	9.38	4	0

#### GUESTS

Event	Competitor	Club	Performance	Wind if applic m/s
LJ	Esmé Rolfe	Gloucester	4.45	
200	Tunde Adeyemo	Cannock &	24.89	0.8
200	Stephen Terry-Short	Cannock &	26.93	0.8
200	Esmé Rolfe	Gloucester	29.19	1.2
LJ	Ross Goode	Cannock &	4.57	
400	Maria Jones	Bristol & V	62.34	
1500	Chris Burrows	BRAT	4.25.74	
1500	Mat Pollard	BRAT	4.26.49	
1500	Ryan McClure (T37)	BRAT	5.30.09	
100	Derick Appiah	BRAT	11.49	-0.2
100	Alasdair Rigby	Cannock &	11.91	-0.2
100	Tunde Adeyemo	Cannock &	12.28	-0.2
100	Ross Goode	Cannock &	12.48	-0.2
100	Stephen Terry-Short	Cannock &	13.04	-0.2
100	Fahmida Ahmed	Bristol & V	14.03	0.1
HJ	Esmé Rolfe	Gloucester	1.35	
400	Callum Collins	Bristol & V	65.02	
Discus	Andy Wilson	Gloucester	20.91	
Javelin	Andy Wilson	Gloucester	18.64	