

Dated 14 September 2023

Division 1	Match 1		Match 2		Match 3		Match 4		Technical match		Totals	
Club	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts
Gloucester AC	569	6	479	4	489	3	530	5	237	3.00	2304	21
Birmingham Running & Tri Club	333	2	522	5	496	5	544	6	158	2.00	2053	20
Notts AC	413	4	546	6	495	4	442.5	2	110	1.00	2006.5	17
Rugby & Northampton AC	307	1	391	2	541	6	493.5	3	116	1.50	1848.5	13.5
Bristol & West AC	428	5	386	1	379	2	507	4	54	0.50	1754	12.5
Cannock & Stafford AC	377	3	426	3	360	1	424	1	174	2.50	1761	10.5

Division 2	Match 1		Match 2		Match 3		Match 4		Technical match		Totals	
Club	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts
Yate and District AC	397	5	566	6	428	5	526	5	113	3.00	2030	24
Cheltenham & County Harriers	514	6	521	5	505	6	455	4	63	2.00	2058	23
Birchfield Harriers	357	4	229	3	353	2	528	6	70	2.50	1537	17.5
Tamworth AC	304	2	266	4	377	3	421	3	25	1.00	1393	13
Telford AC	305	3	195	2	415	4	343	2	40	1.50	1298	12.5
Coventry Godiva Harriers	-60	0	-60	0	-33	1	142	1	0	0.00	-11	2

Division 3	Match 1		Match 2		Match 3		Match 4		Technical match		Totals	
Club	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts
Leamington C & AC	589	7	543	6	517	6	604	7	69	3.00	2322	29
Newport Harriers	405	4	557	7	481	5	465	4	120	3.50	2028	23.5
Stratford-upon-Avon AC	487	6	460	5	477	4	532	6	48	2.00	2004	23
Leicester Coritanian AC	483	5	374	4	523	7	503	5	0	0.00	1883	21
Abingdon and Witney AC	370	3	367	3	417	3	437	3	0	0.00	1591	12
Bromsgrove & Redditch AC	268	2	265	2	294	1	275	2	67	2.50	1169	9.5
City of Stoke AC	182	1	255	1	363	2	195	1	0	0.00	995	5

Division 4NE	Match 1		Match 2		Match 3		Match 4		Technical match		Totals	
Club	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts
Burton AC	620	6	584	6	586	6	464	6	175	3.00	2429	27
Charnwood AC	380	5	303	5	399	5	394	5	32	2.00	1508	22
Royal Sutton Coldfield AC	229	4	221	2	292	4	182	2	41	2.50	965	14.5
Sutton-in-Ashfield H & AC	217	3	238	3	179	2	276	4	0	0.00	910	12
Wolverhampton & Bilston AC	205	2	262	4	152	1	164	1	0	0.00	783	8
Newcastle (Staffs) AC	-30	1	206	1	240	3	184	3	0	0.00	600	8

Division 4SE	Match 1		Match 2		Match 3		Match 4		Technical match		Totals	
Club	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts
Banbury Harriers AC	431	5	445	4	431	5	431	5	10	1.00	1748	20
Solihull & Small Heath AC	308	4	421	3	390	4	426	4	25	1.75	1570	16.75
Nuneaton Harriers AC	250	2	476	5	246	3	392	3	28	2.50	1392	15.5
Kettering Town Harriers	288	3	243	2	229	2	162	2	0	0.00	922	9
Daventry AAC	145	1	70	1	172	1	108	1	25	1.75	520	5.75

Division 4SW	Match 1		Match 2		Match 3		Match 4		Technical match		Totals	
Club	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts	Match pnts	League pnts
Worcester AC	556	6	438	6	485	5	366	4	160	3.00	2005	24
Halesowen A & CC	402	4	426	5	566	6	526	6	60	1.50	1980	22.5
Kidderminster & Stourport AC	317.5	3	410	4	453	4	497	5	114	2.00	1791.5	18
Tipton Harriers	417.5	5	394	3	423	3	349	3	119	2.50	1702.5	16.5
Hereford Forest	118	2	226	2	110	1	127	2	27	1.00	608	8
Dudley & Stourbridge Harriers	54	1	127	1	155	2	93	1	15	0.50	444	5.5