

Supporting the athletes – providing improved competition in the more specialised events

Background and context to the meeting

We all recognise that some events (e.g. hurdles, triple jump) have very few competitors in a standard MCAA T&F League match. To provide more competitive fields in these events we will draw together athletes from all six divisions into an extra match at a reasonably central location. The selected events will also remain in the other four standard league matches. The league AGM agreed to this innovation and so we have a fifth round for the league – one in which we promote a single pan-division match to cover selected events. The other four rounds of matches will proceed as per usual with, to re-iterate, their standard full timetables.

This document provides a summary of how this match will operate.

The same information is contained in the MCAA T&F League rules and constitution 2023 – but is drawn together here for convenience.

- 1) **Date:** 18 June 2023.
- 2) **Venue:** Nuneaton (with photo-finish booked).
- 3) **Match format:**
 - a. This is a **scoring match and league points will be awarded** – these will add to the divisional league tables and standings.
 - b. There will be eight **scoring events** for both men and women. The scoring events are: **Sprint Hurdles, 400H, 3k Steeplechase, 400m, PV, TJ, HJ, HT.**
There will also be non-scoring 100m races **and non-scoring Shot Putt events.**
 - c. Races and field event pools will be seeded based on Power of Ten performances from either 2022 or 2023.
 - d. Teams can enter two athletes in all scoring events (effectively A and B string – giving 16 entries) and then an additional two men and two women as C string athletes in events of your (i.e. team) choice (i.e. an additional four entries). As all events are on a “time/distance trial” basis a club’s highest performance in each event will of course be counted as A string, second highest performance B string etc..
- 4) **Match scoring:**
 - a. From the seeded heats, jump/throw pools, results will be drawn together on a “time trial”/“distance trial” basis into the six league divisions. These are then scored as per a standard league match. This will be done in the results programme – it will have no effect on the running of the races or field events
 - b. Given that we only have around half the usual individual events (8 vice 17) the league points are half the usual. Thus for a 6 team division the league points available are: 3, 2.5, 2, 1.5, 1, 0.5.
- 5) **Declarations:**
 - a. Clubs are asked to **provide their initial team declarations a week in advance** (by midnight on 11 June) so that we may finalise the timetable. As per usual rules, teams are allowed to update these declarations right up to the event taking place – but please do not take this as a chance to send in unrealistic team declarations – we want to give athletes a reliable timetable. (See also 8b below re. guest 100m races.)
 - b. Clubs are also **asked to provide officials' numbers, and their levels**, by midnight on 11 June. Names and EA numbers are not required at this point.
- 6) **Draft timetable** can be found **linked from** the [MCAA T&F League webpage](#). This is based on event numbers added across all divisions from the 2022 June matches.
- 7) **Officials**
 - a. **Clubs will score points for officials** – up to three officials. Clubs are asked to provide two field officials and either a TK or a TJ (clubs can do more if they want). You get 5

points for each qualified official, or 2.5 points if not qualified, but NO penalty points if you don't have officials.

- b. The league committee will arrange the “chiefs” and build TK, TJ, FJ teams based on the officials declared by the clubs.
- c. We will offer the match as a chance for new officials (i.e. in training) to gain mentoring and a practical experience day.

8) Guest 100m races and guest shot putt.

- a. Based on June 2022 numbers we estimate the track will last around 4.25 hours. The long throw (HT) is expected to last longer (multiple pools, men and women).
- b. We therefore invite clubs to enter athletes in guest 100m races. We do not know what the demand will be here but we expect/hope to accommodate all requests.
- c. We recognise that most athletes have some option for a second event (both hurdles, sprint hurdle and 100m guest race, PV and sprint etc.) but possibly not hammer throwers. We have therefore added a non-scoring shot putt event as an option for athletes.

9) **Bid Numbers** will be provided at the venue on 18 June.

10) The League Chairman and League Secretary will lead the match organisation.