

Midland T&F League Div 1
Rugby Athletics Track, R&N , Sunday 17th July 2022

	Bir	BriW	Glouc	Notts	Tamw	R&N		
Mens Points	164	68	211	183	83	216		
Womens Points	133	166	167	183	82	132		
Officials	10	10	15	15	15	15		
Grand Total	307	244	393	381	180	363		

Position	Men	Points
1	R&N	216
2	Glouc	211
3	Notts	183
4	Bir	164
5	Tamw	83
6	BriW	68

Position	Women	Points
1	Notts	183
2	Glouc	167
3	BriW	166
4	Bir	133
5	R&N	132
6	Tamw	82

Match Poition		
Position	Team	Points
1	Gloucester AC	393
2	Notts AC	381
3	Rugby & Northampton AC	363
4	Birchfield Harriers	307
5	Bristol & West AC	244
6	Tamworth AC	180

OVERALL LEAGUE POSITION

Position	Club	Match Pts	League Pts	Match Pts	Laque Pts	Total M Pts	Total League Pts
				B/Fwd	B/Fwd		
1	Gloucester AC	393	6	851	12	1244	18
2	Notts AC	381	5	538	8	919	13
3	Rugby & Northampton AC	363	4	520	7	883	11
4	Bristol & West AC	244	2	567	6	811	8
5	Birchfield Harriers	307	3	450	5	757	8
6	Tamworth AC	180	1	444	4	624	5

NOTE:- Match positions will be determined by the total number of League Points and if equal, by the total number of match points
 If a tie remains, the number of A string winners will determine the positions, then B string winners, then 2nd places etc.

Notes:-

Officials Points						
	Timekeeper	Track	Field	Penalties	Other Adjustments	Total Officials
Bir	5		5			10
BriW	5	5				10
Glouc	5	5	5			15
Notts	5	5	5			15
Tamw	5	5	5			15
R&N	5	5	5			15

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Senior Men	Bir		BriW		Glouc		Notts		Tamw		R&N		A	B	A	B
	A	B	A	B	A	B	A	B	A	B	A	B				
100m	6	5	5	4	4	2	7	3	3		9	7				
200m	6	5	5		4	3	7	4	3		9	7				
400m	14	7	4	2	6	3	5	4	3		12	5				
110m H					6	7	7				9					
400m H	14				5	7	6	5			7					
800m	9	3	3	1	6	7	5	5	4	2	7	4				
1500m	6	4	4	3	7		5	7	3	2	9	5				
3000m	7	7	5	2	3	3	6	4	4	1	9	5				
2000m s/c					6	7	14		5		7					
Long Jump	4		5	3	9	7	7	5			6	4				
Triple Jump	4		6		14	5	7	4			5	7				
High Jump	5				6	5	7	4			9	7				
Pole Vault	7				6		9				5	7				
Shot Putt	4	2	3	1	14	7	6	5	7	3	5	4				
Discus	7		3		14	5	6	4	4	3	5	7				
Hammer	5				14	7			12	4	6	5				
Javelin	14	5	3	1	4	3	12	2	6	7	5	4				
4x100m	7		5		4		6		3		9					
4x400m	7				6		5		4		9					
Total Top 30 Aggregate	164		68		211		183		83		216					

19 Events entered for Senior Men

Senior Women	Bir		BriW		Glouc		Notts		Tamw		R&N		A	B	A	B
	A	B	A	B	A	B	A	B	A	B	A	B				
100m	9	4	7	5	4	2	5	3	3		6	7				
200m	9	3	6	5	4	2	7	7			5	4				
400m	7		5	3		2	6	4	9	5	4	7				
100m H			6		7	5	9	7								
400m H	14		6		7	7										
800m	4	3	5	4	3		7	5	9	7	6					
1500m	6		4	7	3		9	5	5		7					
3000m	5	4	9	5			7	7	6		4					
2000m s/c			7		6		9	7								
Long Jump	9	5	7	7	6	4	3	2	4		5	3				
Triple Jump	7		9	7	6	5	5									
High Jump	14	7	5	5	7	3	6	4			4					
Pole Vault					7	7			9							
Shot Putt	3		7	3	5	5	6	4	4	2	9	7				
Discus			6	4	14	7	5	3			7	5				
Hammer	5	4	11	2	12	7	14	3			4	5				
Javelin					7	5	6	4	5	3	14	7				
4x100m	7		9		3		5		4		6					
4x400m	4				5		9		7		6					
Total Top 30 Aggregate	133		166		167		183		82		132					

19 Events entered for Senior Women

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100m Men A				Wind =	-1.9	100m Men B				Wind =	-1.4
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	6	Caleb Downes	R&N	11.05	870	1	66	Christopher Morgan	R&N	11.40	771
2	4	Loreni Jorge Y	Notts	11.15	841	2	11	David Iroegbunam X	Bir	11.80	665
3	1	Sean Brown-Webber Y	Bir	11.39	774	3	22	Matthew Hula	BriW	12.11	588
4	2	Tristan Jamieson	BriW	11.91	637	4	44	Cameron O'Grady X	Notts	12.18	571
5	3	Ben Reeves	Glouc	12.38	525	5	33	Kyle Neal Y	Glouc	13.55	292
6	5	Greg Richards	Tamw	14.52	151						

200m Men A				Wind =	-0.9	200m Men B				Wind =	-0.6
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	6	Caleb Downes	R&N	22.53	856	1	66	Rafael Da Cruz	R&N	23.23	766
2	4	Tavonga Juru Nyakudya Y	Notts	23.69	709	2	11	Peter Hall	Bir	23.45	739
3	1	Christopher Chapajong Y	Bir	23.84	692	3	44	Mohammed Salim Y	Notts	23.51	731
4	2	Tristan Jamieson	BriW	24.18	652	4	33	Oliver Mitchell X	Glouc	25.37	522
5	3	Ben Reeves	Glouc	25.22	537						
6	5	Greg Richards	Tamw	28.67	237						

400m Men A				400m Men B							
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	1	Efekemo Okoro	Bir	47.64	1011	1	11	Lamin Damphner	Bir	51.76	777
2	6	Marvric Ne-Sean Pamphile	R&N	48.53	958	2	66	Morrie Parker X	R&N	53.29	697
3	3	Ethan Hood Y	Glouc	51.98	765	3	44	Jonathan Cripps X	Notts	57.17	516
4	4	Cameron O'Grady X	Notts	53.20	702	4	33	Oliver Mitchell X	Glouc	57.57	499
5	2	Lee Gawler	BriW	59.19	432	5	22	Sam Johnson	BriW	72.33	68
6	5	Greg Richards	Tamw	65.32	223						

800m Men A				800m Men B							
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	1	Psalm Roberts-Nash	Bir	1:59.87	772	1	33	Oliver Demain y	Glouc	1:58.23	812
2	6	Aidan O'Brien Y	R&N	2:00.05	768	2	44	Milan Campion	Notts	2:00.52	756
3	3	Ethan Hood Y	Glouc	2:01.59	731	3	66	Louis Miles Starr X	R&N	2:01.44	735
4	4	Merhawi Tkue	Notts	2:04.50	664	4	11	Daniel Swain	Bir	2:02.98	699
5	5	Peter Hackett	Tamw	2:10.56	536	5	55	Ben Evans	Tamw	2:20.93	348
6	2	Ollie Robertson-Kurd X	BriW	2:17.61	404	6	22	Tariq Kurd	BriW	2:34.21	166

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1500m Men A

-1.1

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Jack Bond	R&N	4:02.30	828
2	3	Richard De-Camps	Glouc	4:02.55	825
3	1	Edward Banks	Bir	4:03.63	812
4	4	Stuart King	Notts	4:11.82	721
5	2	Rufus Thomas Y	BriW	4:25.15	584
6	5	Max Kent	Tamw	4:45.06	406
7					
8					

1500m Men B

-1.0

Posn	No.	Athlete	Club	Perf	IAAF
1	44	George Phillips	Notts	4:22.10	614
2	66	Thomas Brinkley X	R&N	4:28.12	555
3	11	Daniel Ullah	Bir	4:32.22	517
4	22	Sam Johnson	BriW	4:35.62	486
5	55	Ben Evans	Tamw	4:46.28	396
6	33		Glouc		
7					
8					

2000m s/c Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Milan Champion	Notts	6:16.76	820
2	6	Finlay Ward Y	R&N	6:24.33	777
3	3	Steve Millward	Glouc	6:42.89	676
4	5	Max Kent	Tamw	7:20.80	491
5					
6					
7					
8					

2000m s/c Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Kyle Neal Y	Glouc	7:50.38	367
2					
3					
4					
5					
6					
7					
8					

3000m Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Ben Musgrove	R&N	8:45.72	804
2	11	Dominic Smith Y	Bir	8:53.74	764
3	44	Jarratt Perkins	Notts	9:15.02	661
4	2	Lee Gawler	BriW	9:39.94	551
5	5	Peter Hackett	Tamw	9:53.45	495
6	33	Finlay Hawkins Y	Glouc	9:59.29	472
7					
8					

3000m Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	1	Jason Bennett	Bir	9:01.97	723
2	66	William Gardner	R&N	9:06.86	700
3	4	George Phillips	Notts	9:19.30	642
4	3	Marc Barnett	Glouc	9:59.32	472
5	22	Tariq Kurd	BriW	10:21.43	389
6	55	Ben Evans	Tamw	10:24.86	377
7					
8					

110m Hurdles Men A

Wind = -0.1

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Christopher Morgan	R&N	16.09	727
2	4	Jack Wickham	Notts	18.29	440
3	3	Kyle Neal Y	Glouc	20.83	198

110m Hurdles Men B

Wind = -0.1

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Steve Millward	Glouc	21.83	128

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400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	1	Efekemo Okoro	Bir	51.52	1052
2	6	Charles Barker	R&N	63.32	577
3	4	Jack Wickham	Notts	64.65	532
4	3	Steve Millward	Glouc	65.54	503

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400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Kyle Neal Y	Glouc	68.54	412
2	44	Nathan To Y	Notts	69.59	382

4 x 100m Relay Men

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Rafael Da Cruz , Marvric Ne-Sean Pamphile , Christopher Morgan , Caleb Downes	R&N	42.8	886
2	1	Kyle Astley-Weah , David Iroegbunam X , Peter Hall , Sean Brown-Webber Y	Bir	45.4	725
3	4	Loreni Jorge Y , Cameron O'Grady X , Tavonga Juru Nyakudya Y , Mohammed Salim Y	Notts	45.5	720
4	2	Tristan Jamieson , George Hunter , Sam Johnson , Matthew Hula	BriW	48.5	557
5	3	Ben Reeves , Joshua Robinson Y , Kyle Neal Y , James Ritchie	Glouc	48.7	544
6	5	Ben Evans , Max Kent , Peter Hackett , Greg Richards	Tamw	58.5	159
7					
8					

4 x 400m Relay Men

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Morrie Parker X , Louis Miles Starr X , O , Marvric Ne-Sean Pamphile	R&N	3:32.12	725
2	1	Christopher Chapajong Y , Finnan Robins X , Psalm Roberts-Nash , Jack Wootton	Bir	3:33.71	706
3	3	Ethan Hood Y , Oliver Mitchell X , Richard De-Camps , Joel Townley	Glouc	3:40.36	626
4	4	Bruce Moyo Y , Mohammed Salim Y , Robert Palmer , Cameron O'Grady X	Notts	3:48.37	536
5	5	Ben Evans , Max Kent , Greg Richards , Peter Hackett	Tamw	4:28.97	188
6					
7					
8					

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Long Jump Men A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	3	Joel Townley	Glouc	6.74		863
2	4	Matthew Madden	Notts	6.47		807
3	6	Christopher Morgan	R&N	5.73		656
4	22	Matthew Hula	BriW	5.66		642
5	1	Dontay Bailey Y	Bir	5.23		555

Long Jump Men B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	33	Joshua Robinson Y	Glouc	5.64		638
2	44	Morgan Dodson	Notts	5.38		585
3	66	Okeoghene Okere X	R&N	5.36		581
4	2	George Hunter	BriW	5.15		539

Triple Jump Men A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	3	Joel Townley	Glouc	14.37		874
2	4	Matthew Madden	Notts	12.58		686
3	2	George Hunter	BriW	12.45		672
4	6	Arthur Tilt X	R&N	11.97		622
5	1	Dontay Bailey Y	Bir	11.34		556

Triple Jump Men B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	66	Okeoghene Okere X	R&N	10.83		503
2	33	James Ritchie	Glouc	10.60		479
3	44	Nathan To Y	Notts	9.29		344

High Jump Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Charles Barker	R&N	1.75	664
2	4	Matthew Madden	Notts	1.75	664
3	3	James Ritchie	Glouc	1.70	619
4	1	Kacper Kalwarski	Bir	1.50	442

High Jump Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Okeoghene Okere X	R&N	1.70	619
2	33	Joshua Robinson Y	Glouc	1.65	575
3	44	Morgan Dobson	Notts	1.60	531

Pole Vault Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Kofi Afirifah-Mensah Y	Notts	4.10	730
2	1	Simon Gower	Bir	3.30	515
3	33	Matthew Holloway	Glouc	2.70	356
4	6	Lee Woodward	R&N	2.55	317

Pole Vault Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Harry Pritchett X	R&N	2.55	317

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Shot Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Gareth Winter	Glouc	15.07	828
2	5	Alex Berrow	Tamw	11.62	624
3	4	Matthew Halton	Notts	11.47	615
4	66	Ray Mckenna	R&N	10.49	557
5	1	Mark McEvoy	Bir	10.28	544
6	2	Tristan Jamieson	BriW	8.25	425

Shot Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Tim Williams	Glouc	10.69	569
2	44	Robert Palmer	Notts	9.62	506
3	6	Alan Nisbet	R&N	9.43	494
4	55	Jacob Daniels Y	Tamw	8.88	462
5	11	David Rock	Bir	7.57	385
6	22	Sam Johnson	BriW	5.82	282

Javelin Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	11	Emish Prosper	Bir	61.55	829
2	4	Robert Palmer	Notts	58.70	790
3	5	Greg Richards	Tamw	39.32	520
4	6	Kevin Murch	R&N	39.25	519
5	33	Tim Williams	Glouc	33.88	445
6	22	Matthew Hula	BriW	23.65	303

Javelin Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	55	Jacob Daniels Y	Tamw	37.13	490
2	1	Mark McEvoy	Bir	33.71	442
3	66	Caleb Downes	R&N	32.12	420
4	3	Gareth Winter	Glouc	29.36	382
5	44	Matthew Halton	Notts	25.15	324
6	2	Sam Johnson	BriW	7.02	75

Hammer Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Tim Williams	Glouc	56.41	825
2	5	Alex Berrow	Tamw	50.71	739
3	66	Kevin Murch	R&N	34.51	494
4	1	David Rock	Bir	18.82	258

Hammer Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Gareth Winter	Glouc	31.98	456
2	6	Alan Nisbet	R&N	30.86	439
3	55	Jacob Daniels Y	Tamw	20.83	288

Discus Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Gareth Winter	Glouc	44.44	786
2	1	Kieran Valley	Bir	34.66	607
3	4	Matthew Halton	Notts	32.99	577
4	66	Ray Mckenna	R&N	29.25	509
5	5	Alex Berrow	Tamw	27.85	483
6	2	Tristan Jamieson	BriW	16.91	285

Discus Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Alan Nisbet	R&N	29.15	507
2	33	Tim Williams	Glouc	28.10	488
3	44	Robert Palmer	Notts	24.41	421
4	55	Greg Richards	Tamw	19.12	325

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100m Women A

Wind = -1.1

Posn	No.	Athlete	Club	Perf	IAAF
1	1	Samantha Griffiths	Bir	12.37	948
2	2	Tamara Jackson X	BriW	12.86	867
3	6	Efua Boateng	R&N	12.93	855
4	4	Laylom Brennan X	Notts	13.10	828
5	3	Ella Julin Y	Glouc	13.39	782
6	5	Bethany Ostick Y	Tamw	13.72	732

100m Women B

Wind = -1.0

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Isabel Mur X	R&N	12.71	891
2	22	Sarah Long	BriW	13.10	828
3	11	Gabrielle Joyce Y	Bir	13.30	796
4	44	Eleica Hines Y	Notts	13.98	694
5	33	Lottie Sawi x	Glouc	14.27	652

200m Women A

Wind = -1.6

Posn	No.	Athlete	Club	Perf	IAAF
1	1	Samantha Griffiths	Bir	25.52	935
2	4	Chelsea Fagan X	Notts	25.96	901
3	2	Tamara Jackson X	BriW	26.39	868
4	6	Rebecca Littler X	R&N	28.19	738
5	3	Ella Julin Y	Glouc	28.26	733

200m Women B

Wind = -0.7

Posn	No.	Athlete	Club	Perf	IAAF
1	44	A'Janai Bowen Y	Notts	26.61	851
2	22	Sarah Long	BriW	27.35	797
3	66	Karen Gomes	R&N	27.39	794
4	11	Gabrielle Joyce Y	Bir	28.24	734
5	33	Lottie Sawi x	Glouc	30.10	611

400m Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	5	Isabelle Neville	Tamw	58.88	905
2	1	Danel Jansen Van Rensburg	Bir	59.04	900
3	4	Gaby Sutton X	Notts	60.78	847
4	2	Lily Bailey Y	BriW	64.12	749
5	6	Emma Barker	R&N	65.53	709

400m Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Ellena Ruddock	R&N	61.61	822
2	55	Lottie McLaren X	Tamw	63.72	760
3	44	Emily Rawson X	Notts	63.74	760
4	22	Amena Kofi	BriW	64.30	744
5	33	Amber Spackman Y	Glouc	70.91	569

800m Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	5	Lottie McLaren X	Tamw	2:21.40	804
2	4	Abigail Nicholson X	Notts	2:21.75	799
3	6	Tilly Lea	R&N	2:30.06	681
4	2	Anna Ford	BriW	2:32.72	645
5	1	Salihah Baig Y	Bir	2:34.27	625
6	3	Amber Spackman Y	Glouc	2:42.15	526

800m Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	55	Katherine Snowden	Tamw	2:19.02	840
2	44	Rosie Challenger X	Notts	2:21.62	801
3	22	Katrina Entwistle	BriW	2:25.39	746
4	11	Olivia Scott Y	Bir	2:28.71	700

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1500m Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Abigail Nicholson X	Notts	4:56.91	791
2	6	Ava Rogerson X	R&N	5:01.04	765
3	1	Emily Symes Y	Bir	5:03.89	747
4	5	Katherine Snowden	Tamw	5:13.94	684
5	2	Anna Ford	BriW	5:17.07	665
6	3	Seren Jones X	Glouc	5:17.60	662
7					
8					

1500m Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	22	Sarah Everitt	BriW	5:21.59	639
2	44	Joanne Clamp	Notts	5:55.21	457
3					
4					
5					
6					
7					
8					

2000m s/c Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Rosie Challender X	Notts	8:01.37	715
2	2	Emma Clarke	BriW	8:29.36	618
3	3	Julia Johnson	Glouc	8:50.41	549
4					
5					
6					
7					
8					

2000m s/c Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	44	Joanne Clamp	Notts	9:08.09	495
2					
3					
4					
5					
6					
7					
8					

3000m Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	2	Katrina Entwistle	BriW	10:26.18	836
2	44	Megan Rosier	Notts	10:27.02	833
3	5	Abby Halcarz	Tamw	10:37.77	802
4	1	Elizabeth Watters	Bir	10:52.02	762
5	6	Megan Stenhouse Y	R&N	10:59.31	742
6					
7					
8					

3000m Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Amelia Hall X	Notts	11:30.50	659
2	22	Sarah Everitt	BriW	11:55.12	597
3	11	Annie Kibble	Bir	12:09.23	562
4					
5					
6					
7					
8					

100m Hurdles Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Zoe Lucas	Notts	15.45	865
2	3	Kate Davies	Glouc	17.88	622
3	2	Emma Clarke	BriW	22.78	252

Wind = -1.1

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	44	Amelia Briggs-Goode Y	Notts	15.15	898
2	33	Julia Johnson	Glouc	18.08	603

Wind = -1.0

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400m Hurdles Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	1	Danel Jansen Van Rensburg	Bir	63.70	916
2	3	Julia Johnson	Glouc	73.62	662
3	2	Emma Clarke	BriW	82.53	469

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Jacqueline Holloway	Glouc	78.33	556

4 x 100m Relay Women

Posn	No.	Athlete	Club	Perf	IAAF
1	2	Sarah Long , Maira Mumma , Lily Bailey Y , Tamara Jackson X	BriW	50.37	891
2	1	Mayah Charles , Gabrielle Joyce Y , Leshawn Clifford X , Samantha Griffiths	Bir	50.56	884
3	6	Emma Wiltshire , Isabel Mur X , Rebecca Littler X , Efua Boateng	R&N	50.59	883
4	4	Gaby Sutton , A'Janai Bowen Y , Eleica Hines Y , Laylom Brennan X	Notts	51.42	852
5	5	Isabelle Neville , Katherine Snowden , Abby Halcarz , Isabelle Neville	Tamw	53.53	777
6	3	Lottie Sawi x , Julia Johnson , Ella Julin Y , Catherine Thomas	Glouc	54.86	731
7					
8					

4 x 400m Relay Women

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Amelia Briggs-Goode Y , Gaby Sutton , Rosie Challender X , Abigail Nicholson X	Notts	4:09.00	833
2	5	Lottie McLaren X , Katherine Snowden , Abby Halcarz , Isabelle Neville	Tamw	4:18.08	769
3	6	Emma Barker , Karen Gomes , Ava Rogerson X , Ellena Ruddock	R&N	4:25.76	716
4	3	Kate Davies , Seren Jones X , Amelia Newell X , Julia Johnson	Glouc	4:27.84	703
5	1	Emily Symes X , Elizabeth Watters , Danel Jansen Van Rensburg , Olivia Scott Y	Bir	4:32.13	674
6	2	Lily Bailey Y , Anna Ford , Sarah Everitt , Katrina Entwistle	BriW		
7					
8					

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Long Jump Women A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	11	Leshawn Clifford X	Bir	5.42		865
2	22	Andrea Jesudason	BriW	5.32		843
3	3	Kate Davies	Glouc	4.86		747
4	66	Kerry Murch	R&N	4.46		663
5	55	Bethany Ostick Y	Tamw	3.72		508
6	4	Eleica Hines Y	Notts	2.79		316

Long Jump Women B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	2	Lily Bailey Y	BriW	5.02		780
2	1	Mayah Charles	Bir	4.94		763
3	33	Julia Johnson	Glouc	4.78		730
4	6	Michelle Ahaotu X	R&N	4.07		581
5	44	Joanne Clamp	Notts	2.71		300

Triple Jump Women A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	22	Andrea Jesudason	BriW	11.03		790
2	1	Mayah Charles	Bir	10.34		720
3	3	Kate Davies	Glouc	10.24		709
4	4	Amelia Briggs-Goode Y	Notts	10.09		694

Triple Jump Women B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	2	Samantha Barrett	BriW	10.99		786
2	33	Julia Johnson	Glouc	9.94		679

High Jump Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	1	Bernice Coulson	Bir	1.75	951
2	3	Kate Davies	Glouc	1.55	755
3	44	Amelia Briggs-Goode Y	Notts	1.50	707
4	2	Samantha Barrett	BriW	1.40	609
5	66	Kerry Murch	R&N	1.25	465

High Jump Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	11	Leshawn Clifford X	Bir	1.50	707
2	22	Andrea Jesudason	BriW	1.40	609
3	4	Rosie Challender X	Notts	1.30	513
4	33	Jacqueline Holloway	Glouc	1.25	465

Pole Vault Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	55	Sarah Williams	Tamw	2.55	505
2	33	Catherine Thomas	Glouc	1.80	283

Pole Vault Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Christen Campion Y	Glouc	1.70	254

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Shot Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Kerry Murch	R&N	10.40	594
2	2	Anna Loughlin	BriW	9.85	561
3	4	Annabelle Crossdale	Notts	9.14	518
4	3	Jacqueline Holloway	Glouc	8.44	476
5	55	Katherine Snowden	Tamw	6.00	330
6	1	Hannah Walker	Bir	5.39	293

Shot Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Charlotte Bowers Y	R&N	7.44	416
2	33	Christen Campion Y	Glouc	7.00	390
3	44	Jay Whale Y	Notts	6.24	344
4	22	Sarah Long	BriW	6.11	336
5	5	Bethany Ostick Y	Tamw	5.73	314

Javelin Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Kerry Murch	R&N	39.76	692
2	3	Kate Davies	Glouc	35.64	617
3	4	Eleica Hines Y	Notts	20.24	340
4	5	Katherine Snowden	Tamw	13.04	212

Javelin Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Lucy Randall Y	R&N	34.38	595
2	33	Beth Bird Y	Glouc	27.93	479
3	44	Jay Whale	Notts	13.21	215
4	55	Sarah Williams	Tamw	10.53	167

Hammer Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Annabelle Crossdale	Notts	55.35	858
2	3	Ellen Thrall	Glouc	49.18	759
3	22	Anna Loughlin	BriW	45.93	706
4	1	Hannah Walker	Bir	35.66	542
5	66	Charlotte Bowers Y	R&N	34.47	523

Hammer Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Christen Campion Y	Glouc	40.02	612
2	6	Kerry Murch	R&N	31.63	478
3	11	Meghan Sharman	Bir	29.21	439
4	44	Jay Whale Y	Notts	26.05	389
5	2	Emma Clarke	BriW	14.92	212

Discus Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Elise Bue	Glouc	42.91	745
2	6	Grace Pollard X	R&N	32.64	559
3	2	Samantha Barrett	BriW	24.75	416
4	4	Annabelle Crossdale	Notts	21.00	348

Discus Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Beth Bird Y	Glouc	31.95	546
2	66	Kerry Murch	R&N	31.05	530
3	22	Andrea Jesudason	BriW	13.98	222
4	44	Jay Whale Y	Notts	13.26	209

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NON-SCORING EVENTS

100m Men			Wind=	-1.1	100m Women			Wind=	-1.1
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	419	Oke Okere	R&N	12.06	1	116	Maira Mumma	BriW	12.75
2	125	Ashley N'Komanza	Notts	12.17	2	107	Emma Wiltshire	R&N	13.26
3	422	Morgan Dodson	Notts	12.57	3	117	Michelle Ahaotu X	R&N	13.78
4					4	119	Rebecca Littler x	R&N	13.94
200m Men			Wind=	-1.01	200m Women			Wind=	-1.0
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	121	Loreni Jorge	Notts	22.81	1	116	Maira Mumma	BriW	25.86
2	122	Ashley N'Komanza	Notts	24.53	2	103	Amena Kofi	BriW	28.96
3	114	Kyle Astley-Weah	Bir	24.77	3	126	Elicia Hines	Notts	29.58
4					4	113	Julia Loftus x	R&N	29.66
800m Men					800m Women				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	105	Daniel Ullah	Bir	2:06.20	1				
2	110	Finnan Roberts x	Bir	2:06.78	2				
Hammer Men					Hammer Women				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1					1	412	Debbie Murch V60	R&N	38.49
400m Men					400m Women				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	123	Bruce Moyo	Notts	52.54	1				
2	112	Jack Wootton X	Bir	54.31	2				
3	114	Kyle Astley-Weah	Bir	54.84	3				
Javelin Men					Javelin Women				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	421	Kacper Kowalski	Bir	56.46	1				
2	402	Dave Grum V65	R&N	33.75	2				
1500m Men					1500m Women				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	115	Andrew Johnstone	R&N	4:12.98	1	256			
2	401	Ben Smith x	R&N	4:33.58	2				
Discus Men					Discus Women				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1					1	412	Debbie Murch V60	R&N	22.44
Shot Men					Shot Women				
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1					1	412	Debbie Murch V60	R&N	9.92