

Midland T&F League Div 4SW

Hereford Leisure Centre, Hereford & County , Sunday 22nd May 2022

	D&S	FoDean	Hales	Here	K&S	Newp	Tipton	
Mens Points	66	39	61	91	147	185	157	
Womens Points	25	30	92	103	147	169	150	
Officials	-45	-35	15	15	15	15		
Grand Total	46	34	168	209	309	369	307	

Position	Men	Points
1	Newp	185
2	Tipton	157
3	K&S	147
4	Here	91
5	D&S	66
6	Hales	61
7	FoDean	39

Position	Women	Points
1	Newp	169
2	Tipton	150
3	K&S	147
4	Here	103
5	Hales	92
6	FoDean	30
7	D&S	25

Match Poition		
Position	Team	Points
1	Newport Harriers	369
2	Kidderminster & Stourport AC	309
3	Tipton Harriers	307
4	Hereford & County AC	209
5	Halesowen A & CC	168
6	Dudley & Stourbridge Harriers	46
7	Forest of Dean AC	34

OVERALL LEAGUE POSITION

Position	Club	Match Pts	League Pts	Match Pts	League Pts	Total M Pts	Total League Pts
				B/Fwd	B/Fwd		
1	Newport Harriers	369	7	0	0	369	7
2	Kidderminster & Stourport	309	6	0	0	309	6
3	Tipton Harriers	307	5	0	0	307	5
4	Hereford & County AC	209	4	0	0	209	4
5	Halesowen A & CC	168	3	0	0	168	3
6	Dudley & Stourbridge Harri	46	2	0	0	46	2
7	Forest of Dean AC	34	1	0	0	34	1

Note

Match positions will be determined by the total number of League Points and if equal, by the total number of match points. If a tie remains, the number of A string winners will determine the positions, then B string winners, then 2nd places etc.

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Senior Men	D&S		FoDean		Hales		Here		K&S		Newp		Tipton			
	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B
100m			4		10	5	6	6	5	4	8	8	7			
200m			4		5	6	6		7	4	10	5	8	8		
400m			6						8	5	7	6	10	8		
110m H									8				10			
400m H									10	8	8					
800m	7	5	5						6		10	8	8	6		
1500m	7	6	4				5		6		10	8	8			
5000m	7		8	8					6	6	5		10			
2000m s/c													10	8		
Long Jump					5		10	6	7	5	8	8	6			
Triple Jump									10				8			
High Jump					8		10		6	8	7		5			
Pole Vault					10		7				6	8	8			
Shot Putt	8				6		10	8	4		7	6	5	5		
Discus	10						7		5		8	8	6	6		
Hammer	8						6		5		10	8	7	6		
Javelin	8				6		4		5	5	10	6	7	8		
4x100m									8		10					
4x400m									8		10					
Total Pts/Deducted Pts	66		39		61		91		159	12	213	28	178	21		
Total Top 20 Aggregate	66		39		61		91		147		185		157			

19 Events entered for Senior Men

Senior Women	D&S		FoDean		Hales		Here		K&S		Newp		Tipton			
	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B
100m	6	5	3	3	4		5		7	6	8	8	10	4		
200m	5	4	4				8	5	6	8	7	6	15	3		
400m							10		7	5	8	8	6	6		
100m H									8		10					
400m H									8	8	10					
800m					7						10		8	8		
1500m					10	8							8	6		
5000m					10	8							8			
2000m s/c					10											
Long Jump									8	6	10	8	7	5		
Triple Jump									8				10	8		
High Jump									10	8						
Pole Vault					10								8			
Shot Putt	3	2	6		5	3	10	8	4	4	7	6	8	5		
Discus			5				10	8	7	5	8	6	6	4		
Hammer			5		6		10		7	6	8	8	4	5		
Javelin			4		6	5	15	6	7	4	13		5	8		
4x100m							8				10					
4x400m									8		10					
Total Pts/Deducted Pts	25		30		92		103		155	8	169		165	15		
Total Top 20 Aggregate	25		30		92		103		147		169		150			

19 Events entered for Senior Women

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100m Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Edward Fussi	Hales	11.4	771
2	6	Tom Evans	Newp	11.4	771
3	7	Kalmaalpreet Singh Y	Tipton	11.9	639
4	4	Ioan Holman	Here	12.1	590
5	5	Tom Annis X	K&S	12.2	566
6	2	Julian Boon	FoDean	20.1	236

Wind =

100m Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Ashton Burnett Y	Newp	11.8	665
2	44	Freddie Pugh x	Here	12.2	566
3	33	Thomas Parker	Hales	12.4	520
4	55	Tom Beynon	K&S	12.9	413

Wind =

200m Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Tom Evans	Newp	22.2	900
2	7	Kacper Maitisyak Y	Tipton	22.6	847
3	5	Ben Voyce	K&S	23.5	732
4	4	Ioan Holman	Here	23.6	720
5	3	Thomas Parker	Hales	24.2	649
6	2	Julian Boon	FoDean	37.5	

Wind =

200m Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	77	Kalmaalpreet Singh Y	Tipton	23.5	732
2	33	Aldair Sanchez-Cabrera	Hales	24.7	593
3	66	Steve Ryan	Newp	25.1	550
4	55	Tom Beynon	K&S	26.1	449

Wind =

400m Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	7	Kacper Maitisyak Y	Tipton	51.3	801
2	5	Ben Voyce	K&S	52.0	764
3	6	Will Lovejoy Y	Newp	52.8	722
4	2	Julian Boon	FoDean	86.8	30

400m Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	77	Amardeep Sangha	Tipton	52.4	743
2	66	Steve Ryan	Newp	58.2	472
3	55	Tom Beynon	K&S	63.9	265

800m Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Craig Williams	Newp	1:59.5	781
2	7	Thomas Bentley Y	Tipton	2:00.4	759
3	1	Adam Bodin	D&S	2:11.8	511
4	5	Brian Currier	K&S	2:42.1	90
5	2	Julian Boon	FoDean	2:59.1	4

800m Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Luke Gawthorn	Newp	2:08.1	586
2	77	Tom Acha	Tipton	2:14.5	460
3	11	Gary Worrall	D&S	2:15.2	447

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1500m Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Harry Davies	Newp	4:09.5	746
2	7	Michael Banks Y	Tipton	4:12.8	710
3	1	Adam Bodin	D&S	4:35.4	488
4	5	Brian Currier	K&S	5:30.6	120
5	4	Joseph Leahy x	Here	5:32.0	114
6	2	Julian Boon	FoDean	5:49.7	50
7					
8					

1500m Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Spencer Smith	Newp	4:13.3	705
2	11	Gary Worrall	D&S	4:51.5	355
3					
4					
5					
6					
7					
8					

2000m s/c Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	7	Tom Holden	Tipton	7:12.4	529
2					
3					
4					
5					
6					
7					
8					

2000m s/c Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	77	Tom Acha	Tipton	8:12.1	288
2					
3					
4					
5					
6					
7					
8					

5000m Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	7	Luke Vine	Tipton	16:04.9	627
2	2	Peter Woodward	FoDean	16:11.8	608
3	1	Harry Law y	D&S	17:21.3	441
4	5	Brian Currier	K&S	19:54.4	167
5	6	Tyrone Fowler	Newp	20:04.5	154
6					
7					
8					

5000m Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	22	Cory Sherwin	FoDean	16:58.1	494
2	55	Oliver Fearn	K&S	20:18.6	136
3					
4					
5					
6					
7					
8					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	7	Martin Cherrington	Tipton	21.1	177
2	5	A James	K&S	21.5	150

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	IAAF

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	5	Sam Annis Y	K&S	66.2	482
2	6	Tyrone Fowler	Newp	78.2	179

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	55	Adrian James	K&S	69.7	379

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4 x 100m Relay Men

Posn	No.		Club	Perf	IAAF
1	6	Samson Chinaka , Morgan Keen Williams Y , Ashton Burnett Y , Tom Evans	Newp	46.4	669
2	5	Ben Voyce , Adrian James , Tom Beynon , Oliver Fearn	K&S	61.3	90
3					
4					
5					
6					
7					
8					

4 x 400m Relay Men

Posn	No.		Club	Perf	IAAF
1	6	Luke Gawthorn , Will Lovejoy Y , Craig Williams , Henry Evans X	Newp	3:43.3	592
2	5	Tom Annis X , Tom Beynon , Ben Voyce , Sam Annis Y	K&S	4:00.6	412
3					
4					
5					
6					
7					
8					

Mixed 4 x 400m Relay in match 2 only. (Two Male and Two Female Athletes).

4 x 400m Relay Mixed

Posn	No.		Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

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Long Jump Men A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	4	Patrick Morgan y	Here	6.31		775
2	6	Morgan Keen Williams Y	Newp	6.29		771
3	5	Sam Annis y	K&S	5.08		524
4	7	Martin Cherrington	Tipton	5.04		516
5	3	Aldair Sanchez-Cabrera	Hales	4.92		492

Long Jump Men B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	66	Harry Bradley X	Newp	5.55		620
2	44	Freddie Pugh x	Here	4.91		490
3	55	Tom Beynon	K&S	4.62		432

Triple Jump Men A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	5	Tom Annis Y	K&S	12.80		709
2	7	Martin Cherrington	Tipton	9.97		414

Triple Jump Men B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
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High Jump Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Patrick Morgan y	Here	1.85	754
2	3	Oliver Dodd	Hales	1.70	619
3	6	Jutin Gray Y	Newp	1.70	619
4	5	Sam Annis Y	K&S	1.70	619
5	7	Martin Cherrington	Tipton	1.65	575

High Jump Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	55	Adrian James	K&S	1.50	442

Pole Vault Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	3	James Robinson	Hales	3.80	649
2	7	Martin Cherrington	Tipton	2.72	361
3	4	Marc Flannery	Here	2.62	335
4	6	Martin Davies	Newp	2.52	309

Pole Vault Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Tyrone Fowler	Newp	2.10	199

Shot Men A

Shot Men B

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Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	4	Patrick Morgan y	Here	12.47	674	1	44	Marc Flannery	Here	9.40	493
2	1	Joe Smith	D&S	9.53	500	2	66	Jason Leach	Newp	8.15	419
3	6	Ian Williams	Newp	8.97	467	3	77	Ceiron Lomax X	Tipton	7.46	378
4	3	James Robinson	Hales	8.88	462						
5	7	Matthew West	Tipton	8.36	431						
6	5	Adrian James	K&S	7.92	405						

Javelin Men A

Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	6	Morgan Keen Williams Y	Newp	34.03	447	1	77	Ceiron Lomax X	Tipton	31.36	410
2	1	Joe Smith	D&S	33.02	433	2	66	Ian Williams	Newp	26.36	341
3	7	Martin Cherrington	Tipton	33.01	433	3	55	Tom Annis X	K&S	26.35	341
4	3	Aldair Sanchez-Cabrera	Hales	28.32	368						
5	5	Ben Voyce	K&S	27.24	353						
6	4	Marc Flannery	Here	16.39	203						

Javelin Men B

Hammer Men A

Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	6	Mark Boswell	Newp	30.42	432	1	66	Jason Leach	Newp	20.40	282
2	1	Joe Smith	D&S	29.00	411	2	77	Matthew West	Tipton	20.16	278
3	7	Martin Cherrington	Tipton	23.24	325						
4	4	Marc Flannery	Here	20.76	287						
5	5	Adrian James	K&S	13.42	178						

Hammer Men B

Discus Men A

Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	1	Joe Smith	D&S	28.79	501	1	66	Jason Leach	Newp	25.99	450
2	6	Ian Williams	Newp	27.79	482	2	77	Ceiron Lomax X	Tipton	18.99	323
3	4	Marc Flannery	Here	26.20	453						
4	7	Matthew West	Tipton	23.19	399						
5	5	Adrian James	K&S	20.56	351						

Discus Men B

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100m Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	7	Lucy Jones	Tipton	12.5	926
2	6	Jocelyn Higgs X	Newp	13.0	844
3	5	Ava Freeman X	K&S	13.1	828
4	1	Fleur Cartwright x	D&S	14.0	691
5	4	Athena Rea x	Here	14.4	634
6	3	Eva Cooper X	Hales	15.9	442
7	2	Angela Bryant	FoDean	16.0	430

Wind =

100m Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Carys Higgs X	Newp	13.3	796
2	55	Libby Oliver Y	K&S	13.5	766
3	11	Katie Wood x	D&S	14.8	579
4	77	Beth Walker	Tipton	15.6	478
5	22	Mary Watkins	FoDean	17.0	323

Wind =

200m Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	7	Lucy Jones	Tipton	24.1	1049
2	4	Eva Tyler x	Here	25.2	960
3	6	Olivia Reid Y	Newp	26.7	845
4	5	Libby Oliver Y	K&S	26.9	830
5	1	Fleur Cartwright x	D&S	28.1	744
6	2	Angela Bryant	FoDean	33.5	416

Wind =

DR

200m Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	55	Ava Freeman X	K&S	25.7	921
2	66	Cerys Radcliffe X	Newp	26.1	890
3	44	Olivia Harwood y	Here	26.2	882
4	11	Katie Wood x	D&S	30.3	599
5	77	Beth Walker	Tipton	32.2	486

Wind =

400m Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Eva Tyler x	Here	60.6	852
2	6	Victoria Belcher	Newp	63.5	767
3	5	Ella Vaux-Harvey Y	K&S	65.9	699
4	7	Jade Charlton Y	Tipton	69.4	607

400m Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Ellie Chinn Y	Newp	65.6	708
2	77	Jessie Walker	Tipton	67.9	646
3	55	Ellie Beynon Y	K&S	75.9	452

800m Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Lilly Oakenfull X	Newp	2:26.7	728
2	7	Jade Charlton Y	Tipton	2:30.1	681
3	3	Melanie Hepke	Hales	2:50.0	436

800m Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	77	Jessie Walker	Tipton	2:31.3	664

1500m Women A

1500m Women B

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Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	33	Simone Jones	Hales	5:04.8	741	1	3	Amelia Hartsorn Y	Hales	5:16.0	672
2	7	Beth Walker	Tipton	5:38.3	545	2	77	Penelope Barber	Tipton	6:54.9	209
3						3					
4						4					
5						5					
6						6					
7						7					
8						8					

2000m s/c Women A					0.001394	759	2000m s/c Women B					0.001557	460
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF		
1	3	Sara Henderson	Hales	9:53.4	369	1							
2						2							
3						3							
4						4							
5						5							
6						6							
7						7							
8						8							

5000m Women A					5000m Women B						
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	3	Simone Jones	Hales	21:18.9		1	33	Kirsty Price	Hales	21:51.1	
2	7	Penelope Barber	Tipton	24:27.9		2					
3						3					
4						4					
5						5					
6						6					
7						7					
8						8					

100m Hurdles Women A					Wind =	100m Hurdles Women B					Wind =
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	6	Christina Griffith Y	Newp	15.3	882						
2	5	Ellie Beynon Y	K&S	22.0	300						

400m Hurdles Women A					400m Hurdles Women B						
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF

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1	6	Ellie-Mae Wainwright Y	Newp	71.2	720	1	55	Ellie Beynon Y	K&S	82.2	476
2	5	Lucy Chrzan Y	K&S	89.1	348						

4 x 100m Relay Women

Posn	No.		Club	Perf	IAAF
1	6	Olivia Reid Y , Jocelyn Higgs X , Carys Higgs X , Christina Griffith Y	Newp	51.4	853
2	4	Charlotte Colbert Y , Athena Rae X , Leah Ellis X , Eva Tyler X	Here	55.0	726
3	5	Ava Freeman X , Ella Vaux-Harvey Y , Jemima Minchin Y , Libby Oliver Y	K&S	DQ	
4					
5					
6					
7					
8					

4 x 400m Relay Women

Posn	No.		Club	Perf	IAAF
1	6	Victoria Belcher , Ellie Chinn Y , Nia Parry X , Cordelia Goodger Y	Newp	4:32.4	673
2	5	Ella Vaux-Harvey Y , Lucy Chrzan Y , Jess SurrIDGE , Ellie Beynon Y	K&S	4:52.0	552
3					
4					
5					
6					
7					
8					

Mixed 4 x 400m Relay in match 2 only. (Two Male and Two Female Athletes).

4 x 400m Relay Mixed

Posn	No.		Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

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Long Jump Women A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	66	Cerys Radcliffe X	Newp	4.88		751
2	5	Jemima Minchin Y	K&S	4.68		709
3	77	Jessie Walker	Tipton	4.15		598

Long Jump Women B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	6	Christina Griffith Y	Newp	4.83		740
2	55	Lucy Chrzan Y	K&S	3.95		556
3	7	Rebecca Hartshorne	Tipton	2.85		329

Triple Jump Women A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	7	Jessie Walker Y	Tipton	9.01		585
2	5	Jess Surridge	K&S	7.78		461

Triple Jump Women B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	77	Beth Walker	Tipton	7.92		475

High Jump Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	55	Libby Oliver Y	K&S	1.35	561

High Jump Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	5	Jess Surridge	K&S	1.28	493

Pole Vault Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Melanie Hepke	Hales	2.00	342
2	7	Rebecca Hartshorne	Tipton	1.90	312

Pole Vault Women B

Posn	No.	Athlete	Club	Perf	IAAF

Shot Women A

Shot Women B

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Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	4	Charlotte Colbert y	Here	9.50	540	1	44	Ruth Wells	Here	7.08	395
2	77	Elise Jones Y	Tipton	9.38	533	2	6	Cate Davies Y	Newp	7.03	392
3	66	Amelia Fettis Y	Newp	9.31	529	3	7	Rebecca Hartshorne	Tipton	6.91	384
4	2	Mary Watkins	FoDean	8.64	488	4	5	Hayley Smith Y	K&S	6.77	376
5	3	Betsy Cooper Y	Hales	8.43	476	5	33	Eva Cooper X	Hales	5.88	323
6	55	Ellie Beynon Y	K&S	7.23	404	6	1	Fleur Cartwright x	D&S	4.52	241
7	11	Katie Wood x	D&S	5.05	273						

Javelin Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Charlotte Colbert y	Here	40.36	702
2	6	Caris Morgan	Newp	36.23	628
3	5	Jess SurrIDGE	K&S	26.44	452
4	3	Betsy Cooper Y	Hales	23.06	391
5	7	Rebecca Hartshorne	Tipton	22.54	382
6	2	Mary Watkins	FoDean	18.08	302

Javelin Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	77	Karen Addis	Tipton	20.54	346
2	44	Ruth Wells	Here	18.79	314
3	33	Melanie Hepke	Hales	15.62	258
4	55	Hayley Smith Y	K&S	14.77	243

Hammer Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Charlotte Colbert y	Here	42.97	659
2	6	Cate Davies Y	Newp	35.41	538
3	5	Jess SurrIDGE	K&S	33.84	513
4	3	Betsy Cooper Y	Hales	27.34	409
5	2	Mary Watkins	FoDean	23.13	342
6	77	Elise Jones Y	Tipton	21.24	312

Hammer Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Amelia Fettis Y	Newp	34.71	527
2	55	Hayley Smith Y	K&S	28.14	422
3	7	Rebecca Hartshorne	Tipton	20.39	299

Discus Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Charlotte Colbert y	Here	35.26	606
2	6	Cate Davies Y	Newp	23.41	392
3	5	Lucy Chrzan Y	K&S	21.95	365
4	77	Elise Jones Y	Tipton	20.09	332
5	2	Mary Watkins	FoDean	15.22	244

Discus Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	44	Ruth Wells	Here	20.81	345
2	66	Amelia Fettis Y	Newp	20.05	331
3	55	Hayley Smith Y	K&S	18.87	310
4	7	Rebecca Hartshorne	Tipton	18.81	309

Midland T&F League Div 4SW

Hereford Leisure Centre, Hereford & County , Sunday 22nd May 2022

NON-SCORING EVENTS

200m Men			Wind=	200m Women			Wind=		
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	338	Morgan Keen Williams	Newp	24.0	1	347	Olivia Gillespie	Newp	25.8
2					2	346	Jocelyn Higgs	Newp	26.6
3					3	345	Carys Higgs	Newp	26.8
4					4	355	Ella Vaux-Harvey Y	K&S	27.3
5					5	344	Nicole Parry	Newp	28.1
6					6	333	Athena Rea	Here	29.0
100m Men			Wind=	100m Women			Wind=		
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	339	Samson Chinaka	Newp	11.9	1	350	Olivia Reid	Newp	13.5
2	338	Morgan Keen Williams	Newp	12.1	2	349	Cordelia Goodger	Newp	13.6
3	340	Steve Ryan	Newp	12.5	3	356	Jemima Minchin x	K&S	14.3
4					4	348	Seanna Malcolm	Newp	14.4
800m Men				800m Women					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	337	Spencer Smith	Newp	2:05.5	1				
Javelin Men				Javelin Women					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	341	Jason Leach	Newp	22.02	1	336	Olivia Harrwood	Here	22.94
1500m Men				1500m Women					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1					1	324	Melanie Hepke	Hales	5:45.7
1500m Men				1500m Women					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	342	Henry Evans	Newp	4:13.8	1				
2	323	Cameron Lomax	Tipton	4:25.2	2				
3	343	Rhys Phillips	Newp	4:35.6	3				
5000m Men				3000m Women					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1	354	Julian Boon	FoDean	20:44.8	1				
400m Men				400m Women					
Posn	No.	Athlete	Club	Perf	Posn	No.	Athlete	Club	Perf
1					1	351	Nia Parry	Newp	63.8